

# Unhealthy

COPPER KNOB  
STEPPERS

拍數: 32      牆數: 2      級數: Novice  
編舞者: Betty Villard (FR), Jp Barrois (FR), Giuseppe Scaccianoce (IT) & Sébastien BONNIER (FR) - 23 May 2024  
音樂: UNHEALTHY (feat. Shania Twain) - Anne-Marie



Intro, 32 counts, 1 Tag

Before Intro : Start after 32 counts on introduction

INTRO start at 12.00

TAG start at 6.00 (Same Thing but the last section is modified to restart at 12.00)

## [1-8] DRAG DIAGONALY SLOWLY R&L

1-2            RF Right front diagonal, LF Begin Slide to RF (1.30)  
3-4            LF continue Slide to RF, LF touch  
5-6            LF Left front diagonal, RF Begin Slide to LF(10.30)  
7-8            RF continue Slide to LF, RF touch (finish12.00)

## [9-16] TWIST TURN 1/2 L SLOWLY

1-2            PD Cross Over, Hold  
3-4            Hold, Hold  
5-6            Begin 1/2 Turn L, Finish 1/2 TL (6.00)  
7-8            Hold, Hold

## [17-24] DRAG DIAGONALY SLOWLY R&L

1-2            RF Right front diagonal, LF Begin Slide to RF (7.30)  
3-4            LF continue Slide to RF, LF touch  
5-6            LF Left front diagonal, RF Begin Slide to LF(4.30)  
7-8            RF continue Slide to LF, RF touch (finish 6.00)

## [25-32] TWIST TURN 1/2 L SLOWLY

1-2            PD Cross Over, Hold  
3-4            Hold, Hold  
5-6            Begin 1/2 Turn L, Finish 1/2 TL (6.00)  
7-8            RF Stomp with Clap, LF Stomp with Clap

« Tag same thing from 1 to 24 accounts except the last 4 accounts to restart at 12.00

## [25-32] Full TWIST TURN L SLOWLY »

1-2            PD Cross Over, Hold  
3-4            Hold, Hold  
5-6            Begin Full Turn, Finish Full Turn (12.00)  
7-8            RF Stomp with Clap, LF Stomp with Clap

Beginning 32 counts after dancing on the intro

## [1-8] Triple diagonally Forward R&L, Stomp R&L, Toe Split

1&2            RF Right front diagonal, LF beside RF, RF Right diagonal(1.30)  
3&4            LF Left front diagonal (10.30), RF beside LF, LF Left front diagonal (Finish face 12.00)  
5-6            RF Stomp, LF Stomp  
7&8            Point Outside, Point Inside , Point Outside

## [9-16] Step Turn 1/2 L, Triple Turn 1/2 L, Scoot x2, Coaster Step

1-2            RF Forward, 1/2 Turn L with LF Forward (6.00)  
3&4            1/4 TL with RF side R, LF beside RF, 1/4 TL with RF Backward(12.00)  
&5&6           RF Jump Slide , RF Backward , LF Jump Slide , RF Backward

7&8 LF Backward, RF beside LF, LF Backward

**[17-24] Heel Switches, Hook Combination & Flick, Drag Diagonal, Chasse**

1&2& RF Heel Forward, RF beside LF, LF Heel Forward, LF beside RF  
3&4& RF Heel Forward, RF Hook, RF Heel Forward, RF Flick Backward  
5-6 RF Big Step Diagonal L (10.30), LF Slide beside RF  
7&8 1/8 TR with LF Side L, RF beside LF, LF Side L (12.00)

**[25-32] Box Triple Turn 1/2 R, Drag Backward, Coaster Step**

1&2 1/4 TR with RF Side R, LF beside RF, RF Side R (3.00)  
3&4 1/4 TR with LF Side L, RF beside LF, LF Side L (6.00)  
5-6 RF Big Step Backward, LF Slide beside RF  
7&8 LF Backward, RF beside LF, LF Forward

**Tag after the 3rd wall and Restart the dance from the beginning facing 12.00  
(See Intro)**

**Last Update - 26 Jun. 2024 - R1**

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