

# Pick a Wildflower

**COPPER KNOB**  
STEPPERS

拍數: 40      牆數: 4      級數: Phrased Beginner  
編舞者: Stephanie Hammond (USA) - June 2024  
音樂: Pickin' Wildflowers - Keith Anderson



SEQUENCE: A, A, A (first 8 count only), B, B, B (first 6 counts) restart on new wall B

INTRO APPROXIMATELY 23 SECONDS

## PART A: 24 counts total

1&2	R toe to heel scuff
3&4	L toe to heel scuff
5&6	Triple step forward on R
7&8	L grapevine at 90° facing right wall
1&2	Scuff R leg with 180° turn counterclockwise hitch
3&4	Grapevine to the R
5	Walk back with L, heel touch with R
6	Walk back with R, heel touch with L
7&8	R crossover L, full 360° turn
1	Pause
2	Pause
3	Step down R
4	Step down L
5	Pause
6	Pause
7, 8	Heel pump R & L together

New wall starts left, Repeat for 1.5x

On 3rd sequence of A, B sequence will start after the grapevine on first 8 count.

## PART B: 16 counts total (starts approximately at 0:54)

1&2	R forward triple step
3&4	L forward triple step
5&	R toe to heel scuff
6&	R foot down over L triple step
7	Turn counterclockwise 240° on R foot
8	Kick L leg out
1&2	L step ball change, L foot lead
3	Step forward R, Pop leg L
4	Step forward L, Pop leg R
5&6&	Flick R leg front then R side, to a ball change on R with R foot lead
7	Step L, Step R (feet shoulder width apart)
&8	Move hips in clockwise circle (or have fun with it!)

## REPEAT

**\*\*3rd rotation of B there is a restart\*\* (approx. 1:26)**

1&2	R forward triple step
3&4	L forward triple step

5& R toe to heel scuff  
6& R foot down over L triple step  
**Restart new wall L, Start B sequence over**

**Last Update - 18 Jun. 2024 - R1**

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