

# Pride & Joy

**COPPER** KNOB  
STEP SHEETS

拍數: 32      牆數: 4      級數: Improver  
編舞者: Sue Ann Ehmann (USA) & Larry Bass (USA) - June 2024  
音樂: Pride & Joy - Scooter Lee : (CD: Scooter Lee, More of the Best)



## FORWARD ROCK RECOVER, & HEEL BOUNCES(2X), SWITCH TAP, SWITCH TAP, & HEEL BOUNCES (2X), &

1-2            Rock R forward; Recover back to L  
&3-4          Step R back (&0, Bounce L heel twice (3-4)  
&5            Step L beside R, Tap R heel forward  
&6            Step R beside L, Tap L heel forward  
&7-8          Step L beside R, (&) Touch R slightly forward and bounce heel twice (7-8)  
&            Step R beside L

## FORWARD ROCK STEP; SIDE ROCK STEP; BEHIND, SIDE, CROSSOVER SHUFFLE

1-2            Rock L forward; Recover back to R  
3-4            Rock L to left; Recover right to R  
5-6            Step L behind R; Step R to right  
7&8          Step L across R, Step R to right, Step L across R

## LINDY RIGHT, STEP FORWARD, PIVOT 1/4 RIGHT, CROSS, HOLD

1&2            Step right to side, step left beside right, step right to side  
3-4            Rock left back, recover right  
5-6            Step left forward, turn 1/4 right  
7-8            Step left across right, hold

## RIGHT STEP TOUCH, LEFT STEP TOUCH, OUT-OUT, IN-IN, OUT-OUT, IN-IN

1-2            Step right to side, touch left beside right  
3-4            Step left to side, touch right beside left  
&5&6          Step right to side (&), Step L to side (5), Step R in (&), Step L in (6)  
&7&8          Step right to side (&), Step L to side (7), Step R in (&), Step L in (8)

### Easier Options for last 4 counts:

Option 1: &5-6, &7-8 Out Out, Hold, In In, Hold  
Option 2: 5-6-7-8 Out Out In In  
Option 3: 5-6-7-8 Bump Hips Right, Left, Right, Left

Start Over

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