

You're The One To Blame

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 2 級數: Beginner
編舞者: Toni Holmes (UK) - June 2024
音樂: Ain't That a Shame (Workout Remix 128 BPM) - Power Music Workout



Sec 1: walks forward, Kick, walks back, touch

1-4 walk forward R, L, R, kick L foot forward
5-8 walk back L, R, L, touch R next to L

Sec 2: chase R, back Rock, Chase L, back Rock

1&2 step R to R side, close L to meet, step R to R side
3-4 rock back on L, recover on R
5&6 step L to L side, close R next to L, step L to L side
7-8 Rock back on R, recover on L

Sec 3: pivot ¼ turn x 2, R jazz box

1-2 step forward on R pivot 1/4 turn L
3-4 step forward on R pivot ¼ turn L
5-6 cross R over L, step back on L
7-8 step R to R side, close L next to R

Sec 4: heel touches, heel switches, point, knee pop

1-2& tap R heel forward x 2, close R next to L
3-4& tap L heel forward x 2, close L next to R
5&6& tap R heel F, close R next to L, Tap L heel F, close L next to R
7&8 point R Toe to R side, Tap R toe inwards popping right knee towards L leg.

Start Again

Last Update – 19 Jun. 2024 – R1
