

Que Sera Gangvide

COPPER **KNOB**
BY SHEETS

拍數: 32 牆數: 4 級數: Low Improver
編舞者: Tom Inge Soenju (NOR) - June 2024
音樂: Que Será - Medina



Abbreviations: min – minutes, bpm – beats per minute, Diag – Diagonal, R – right, L – left, F – foot, fwd - forward, B - back

Music Availability: Available on all major music platforms and providers.

Note: Made for Atu Stompers' Gangvide Event 2024 on Gotland, Sweden. Thanks to Lillemor T. for suggestions on some of the arm movement.

Intro: 16 counts.

Sequence: Repeating sequence.

Tag/Restart: 1 restart after 8 counts in wall 9 [12:00], no tags.

End: You dance the first 4 counts on wall 13 [06:00] then ¼ L turn stepping L fwd, ¼ L turn stepping RF to R side, step LF to L side, pose.

SECTION 1: DIAG JUMP-TOUCH-HOLD, SIDE ROCK-RECOVER, JUMP-TOUCH-HOLD, SIDE ROCK, RECOVER

1 Jump RF to R diagonal and touch LF next to RF

(Optional: Fan arms to R side at shoulder height. R arm straight out to R side and L arm bent at elbow and upper arm towards R)

2-3 Hold, Rock LF to L side

(Optional: Fan arms to L side at shoulder height. L arm straight out to L side and R arm bent at elbow and upper arm towards L)

4 Transfer weight onto RF

(Optional: Fan arms to R side at shoulder height. R arm straight out to R side and L arm bent at elbow and upper arm towards R)

5 Jump LF to L side and touch RF next to LF

(Optional: Fan arms to L side at shoulder height. L arm straight out to L side and R arm bent at elbow and upper arm towards L)

6-7 Hold, Rock RF to R side

(Optional: Fan arms to R side at shoulder height. R arm straight out to R side and L arm bent at elbow and upper arm towards R)

8 Transfer weight onto LF

(Optional: Fan arms to L side at shoulder height. L arm straight out to L side and R arm bent at elbow and upper arm towards L)

(Restart here in wall 9)

SECTION 2: GRAPEVINE R/L

1-2-3-4 Step RF to R side, Step LF behind RF, Step RF to R side, Touch LF beside RF

5-6-7-8 Step LF to L side, Step RF behind LF, Step LF to L side, Touch RF beside LF

(Optional: Shimmy while doing the grapevine both R and L or just to one of the sides. One may also do rolling vines)

SECTION 3: FWD WALK x3, KICK, B WALK x3, B OUT-OUT

1-2-3-4 Step RF fwd, Step LF fwd, Step RF fwd, Kick LF fwd (Optional: Start walking low towards the ground keeping your hands back and as you walk forward you rise and rise your hands from back to front and up. You may also clap over your head when you reach the kick)

5-6-7&8 Step LF back, Step RF back, Step LF back, Step RF out to back R diagonal, step LF out back to L side

SECTION 4: "SAMBA ROCKS" x2, ROCK, ¼ R RECOVER, FWD WALK x2

- 1-2& Rock RF behind LF, Transfer weight onto LF, Step RF to R side (Upper body locked fwd and feet move)
- 3-4& Rock LF behind RF, Transfer weight onto RF, Step LF to L side (Upper body locked fwd and feet move)
- 5-6-7-8 Rock RF behind LF, ¼ R turn stepping LF fwd, Step RF fwd, Step LF fwd

Start again and enjoy! Happy Dancing!

Contact: If anything is unclear or if you would like additional information, please contact me:

Mail: tom@soenju.dance

Facebook (Tom Inge Sønju): www.facebook.com/tom.soenju

Website: www.soenju.dance
