# Asereje LA

拍數: 44

級數: High Beginner

編舞者: Lalita Atikandhari (INA) - September 2023

音樂: Aserejé (The Ketchup Song) - Las Ketchup

A : 32 counts B : 12 counts Tag : 8 counts

\*\*2 Tags After wall 1 & wall 6 \*Restart after wall 5 A(12 counts)

SEQUENCE : A(32), TAG(8), B(12), B(12), B(14), A(12), A(32), TAG(8), B(12), B(12), B(14), A(32), B(12), B(12), B(12), B(12), B(12), B(12), B(12), POSE ENDING

Intro : 16 counts Start on Vocal

## PART A:32c

- S1. \*V STEP JAZZ BOX\*
- 1-2 Step R diagonal forward to right, Step L diagonal forward to left
- 3-4 Step R back to center, Close L together
- 5-6 Cross R over L, Step L back
- 7-8 Step R to side, Close L together

## S2. \*(CHASSE - CLOSE TOUCH)RLRL\*

- 1-&-2-& Step R to side, Close L together, Step R to side, Close touch L beside R
- 3-&-4-& Step L to side, Close R together, Step L to side, Close touch R beside L
- 5-&-6-& Step R to side, Close L together, Step R to side, Close touch L beside R
- 7-&-8-& Step L to side, Close R together, Step L to side, Close touch R beside L

#### S3. \*PADDLE TURN TO LEFT WITH HIP ROLL \*

- 1-&-2-& <sup>1</sup>⁄<sub>4</sub> Turn left step R to side with hip roll (09.00), Step L in place , <sup>1</sup>⁄<sub>8</sub> Turn left step R to side with hip roll (07.30), Step L in place
- 3-&-4-& <sup>1</sup>/<sub>8</sub> Turn left step R to side with hip roll (06.00), Step L in place, <sup>1</sup>/<sub>8</sub> Turn left step R to side with hip roll (04.30.), Step L in place
- 5-&-6-& <sup>1</sup>/<sub>8</sub> Turn left step R to side with hip roll (03.00), Step L in place, <sup>1</sup>/<sub>8</sub> Turn left step R to side with hip roll (01.30), Step L in place
- 7-&-8 1/<sub>8</sub> Turn left step R to side with hip roll (12.00), Step L in place, Close R together

#### S4. \*PADDLE TURN TO RIGHT WITH HIP BUMP \*

- 1-&-2-& <sup>1</sup>⁄<sub>4</sub> Turn right step L to side with bump hip to left (03.00), Step R in place with bump hip to right, <sup>1</sup>⁄<sub>8</sub> Turn right step L to side with bump hip to left (04.30), Step R in place with bump hip to right
- 3-&-4-& <sup>1</sup>/<sub>8</sub> Turn right step L to side with bump hip to left (06.00), Step R in place with bump hip to right, <sup>1</sup>/<sub>8</sub> Turn right step L to side with bump hip to left (07.30), Step R in place with bump hip to right
- 5-&-6-& 1/<sub>8</sub> Turn right step L to side with bump hip to left (09.00), Step R in place with bump hip to right, 1/<sub>8</sub> Turn right step L to side with bump hip to left (10.30), Step R in place with bump hip to right
- 7-&-8 1/₂ Turn right step L to side with bump hip to left (12.00), Step R in place with bump hip to right, Close L together



**牆數:**1

# \*SIDE RL - STEP INPLACE RLRL - HIP ROLL\*

- 1-2 Step R to side with raise right hand, Step L to side with raise left hand
- 3-4 Step R in place with move right hand to side head, Step L in place with move left hand to side head
- 5-6 Step R in place with move right hand to R hip, Step L in place with move left hand to L hip
- 7-8 Roll hip full from left to left again

#### PART B (Reff) 12c HIP BUMP RLR LRL RLR LRL WITH MOVE HANDS CROSS ON HIP - HIP BUMP RLR LRL RLR LRL WITH MOVE HAND SIDE EAR - BEND MOVE KNEES IN OUT WITH MOVE HANDS FROM BOTTOM TO TOP 1a&-2a& Step R to side with bump hip to right, bump hip to left, bump hip to right (with move hands) cross R hip), Step L to side with bump hip to left, bump hip to right, bump hip to left (with move hands cross L hip) 3a&-4a& Step R in place with bump hip to right, bump hip to left, bump hip to right (with move hands cross R hip), Step L in place with bump hip to left, bump hip to right, bump hip to left (with move hands cross L hip) 5a&-6a& Step R in place with bump hip to right, bump hip to left, bump hip to right (with move hands side R ear), Step in place with bump hip to left, bump hip to right, bump hip to left (with move hands side L ear) 7a&-8a& Step R in place with bump hip to right, bump hip to left, bump hip to right (with move hands side R ear), Step L in place with bump hip to left, bump hip to right, bump hip to left (with move hands side L ear) Move knees in, knees out, knees in, knees out, knees in, knees out, knees in, knees out 9a&a10a&a (with shake your hands to side from bottom to top) Move knees in, knees out, knees in, knees out , knees in, knees out, knees in, knees out 11a&a12a&a (with place R hand in front of your forehead, L hand behind your head) Thank You Happy Dancing