

# Oh, My Cara Mia

COPPER KNOB  
STEPSHEETS

拍數: 32      牆數: 4      級數: High Beginner  
編舞者: Penny Tan (MY) - June 2024  
音樂: Cara Mia (Mark Voss Remix) - Blanka



Dance starts from vocal "Thing"

No tag / 1 restart

\*Restart on W8 after 24C (restart facing 12:00)

## SEC1:SYNCOPATED SIDE , ROCK R-L , FWD ROCK , RECOVER , COASTER STEP

1-2&      Rock RF to R side (1) , recover on L (2) , step RF next to LF (&)  
3-4&      Rock LF to L side (3) , recover on R (4) , step LF next to RF (&)  
5-6      Rock RF fwd(5) , recover on L (6)  
7&8      Step RF back (7) ,step LF next to RF (& ) , step RF fwd (8)

## SEC2:FWD ROCK , RECOVER , ½ TURN L FWD SHUFFLE , STEP WITH SWAYS

1-2      Rock LF fwd (1) , recover on R (2)  
3&4      ¼ turn L , step LF to L (3) , step RF next to LF (& ) , ¼ turn L , step LF fwd (4) - (6:00)  
5-8      Step RF to R with sway R-L-R-L

## SEC3:CROSS, SIDE ,1/4 TURN R COASTER STEP , FWD L , ½ TURN L BACK ,COASTER STEP

1-2      Cross RF over LF(1) , step LF to L side (2)  
3&4      ¼ turn R , step RF back (3) , step LF next to RF (& ) , step RF fwd (4) - (9:00)  
5-6      Step LF fwd (5) , ½ turn L , step RF back with sweep (6)  
7&8      Step LF back (7) , step RF next to LF (& ) , step LF fwd (8) - (3:00)

\*Restart on W8 after 24C , facing 12:00

## SEC4:BOTAFOGO R-L , DOROTHY STEP R-L

1&2      Cross RF over LF (1),step LF to L (& ) ,recover RF on R (2)  
3&4      Cross LF over RF (3) , step RF to R (& ) , recover LF on L (4)  
5-6&      Step RF diagonally fwd R (5) , lock LF behind RF (6) , step RF fwd (& )  
7-8&      Step LF diagonally fwd L (7) , lock RF behind LF (8) , step LF fwd (& )

Have fun and happy dancing!

Last Update: 24 Jun 2024