

# Looking Back

COPPER KNOB  
BY STEPHEN

拍數: 32      牆數: 4      級數: Beginner  
編舞者: Wiwik Katarina (INA) - June 2024  
音樂: Over My Shoulder - Mike + The Mechanics



Intro : 16 C

There are 3 tags in this dance

## I. BACK ROCK – RECOVER – TOGETHER, BACK ROCK – RECOVER – TOGETHER, SIDE, SHOULDER PUSH

1 & 2      Rock R back angling your body  $\frac{1}{4}$  R (1), Recover on L (&), R together (2)  
3 & 4      Rock L back angling your body  $\frac{1}{4}$  L (3), Recover on R (&), L together (4)  
5 & 6      R side push R shoulder to R (5), Back to center (&), Push R shoulder to R (6)  
7 & 8      Do the same on your L shoulder

## II. (CROSS MAMBO – SIDE ) R L, FWD, $\frac{1}{2}$ L PIVOT – FLICK, FWD SHUFFLE

1 & 2      Cross R over L (1), Recover on L (&), R to side (2)  
3 & 4      Cross L over R (3), Recover on R (&), L to side (4)  
5 6      R fwd (5),  $\frac{1}{2}$  L In place flick R back facing 6:00 (6)  
7 & 8      R fwd (7), L together (&), R fwd (8)

## III. ( L FWD HEEL TOUCH – R TOE TOUCH BESIDE L ) 2X, $\frac{1}{4}$ JAZZ BOX WITH CHASSE

1 & 2 &      Touch L heel fwd (1), L close to R (&), Touch R close to L (2), R in place (&)  
3 & 4      Touch L heel fwd (3), L close to R (&), Touch R close to L (4)  
5 6      Cross R over L (5),  $\frac{1}{4}$  R step L back facing 9:00 (6)  
7 & 8      R to side (7), L together (&), R to side (8)

## IV. ( PUSH FWD – RECOVER – TOGETHER ) L R , FWD, $\frac{1}{2}$ R HEEL BOUNCE, TOGETHER

1 & 2      Push L fwd angling body to R (1), Recover on R (&), L together (2)  
3 & 4      do the same on RF  
5- 8      L fwd (5),  $\frac{1}{4}$  R bounce your heels (6),  $\frac{1}{4}$  R bounce your heels facing 3:00 (7), L together or jump together facing 3:00 (8)

### # TAG 1 ( 4 C ) after Wall 3 & 5

1 & 2      Rock R back angling body to R (1), Recover on L (&), R together (2)  
3 & 4      Do the same on L

### # TAG 2 ( 8 C ) after Wall 7

1 - 8      V Step + TAG 1

Enjoy the dance

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