

Kamu Adalah Hatiku

拍數: 48 牆數: 2 級數: Intermediate
編舞者: Norsiana Nitbani (INA) & Herlina Widjaya (INA) - June 2024
音樂: Kamu Adalah - Ade Govinda & Cakra Khan



Intro: 20 Count

SECTION 1: STEP FORWARD, MAMBO, COASTER, PIVOT ½ TURN

- 1 Step RF forward
- 2 & 3 Rock LF Forward, recover on RF, rock LF back
- 4 & 5 Step RF back, step LF next to RF, step RF forward
- 6 & 7 Step LF forward, turn ½ RF, step LF forward
- 8 & Turn ½ RF back, turn ¼ LF to side

Restart here on wall 7, after 8& count and facing 06:00

SECTION 2: CROSS ROCK, PIVOT ¼, CROSS ½ TURN

- 1, 2 & Rock cross RF over LF, replace the weight back onto LF, step RF to side
- 3, 4 & Rock cross LF over RF, replace the weight back onto RF, step LF to side
- 5, 6 & Step RF forward, step LF forward, turn ¼, bring weight on RF
- 7, 8 & Cross LF over RF turn ¼ RF back, turn ¼ LF to side

SECTION 3: BASIC NC, BEHIND SIDE CROSS, SWIPE

- 1, 2 & 3 Step RF to right side, step LF slightly behind RF, cross RF over LF, step LF to side
- 4 & 5 Cross RF behind LF, step LF to side, cross RF over LF
- 6 & 7 Sweep LF from back to front, cross LF over RF, step RF to right side, cross LF behind RF
- 8 & Sweep RF from front to back, turn ¼ LF forward

Tag & Restart here on wall 3 & wall 9 after 8& count facing 06:00

SECTION 4: STEP FORWARD, PIVOT ½ TURN, RUN-RUN, BACKWARD LIFT, BACK HITCH, COASTER STEP

- 1 Step RF forward
- 2 & 3 Step LF forward, turn ½ R, bring weight forward on RF, step LF forward
- 4 & 5 Step RF forward, step LF forward, step RF forward, lift LF back
- 6 & 7 Step LF back, step RF back, step LF back hitch on RF
- 8 & 1 Step RF back, close LF next to RF, step RF forward

Restart here on wall 2, 4, 5, 8 after 8& (2, 4, 8 facing 12:00) (5 facing 06:00)

SECTION 5: DIAMOND, TURN ½ PIVOT (2X)

- 2 & 3 Cross LF over RF, step RF to R, ⅛ turn L step RF back
- 4 & 5 Step RF back, ⅛ turn L, step LF to left side, ⅛ turn L, rock RF forward
- 6 & 7 & 8 & Step LF forward, turn ½ R step RF in place, step LF forward, turn ½ R step RF in place, step LF forward recover on RF

SECTION 6: STEP BACK, SWEEP R, SIDE, SWEEP L, WEAVE AND HITCH, BEHIND SIDE CROSS, TOUCH

- 1, 2 & 3 Step LF back, sweep RF from front to back, cross RF backward L, step LF to side, cross RF over LF
- 4 & 5 Sweep LF from back to front, cross LF over RF, step RF to right side, step LF backward RF, hitch on RF
- 6 & 7 Step RF back on LF, step LF to L side, cross RF over LF
- 8 & Step LF to L side, touch RF next to LF

TAG: HIP SWAY

1 - 4 Step RF to R with hip sway to (R - L - R - L)

TAG After wall 1

TAG & RESTART On wall 3 & wall 9, after 24 counts

RESTART -

- On wall 2, 4, 5, 8 after 32 counts

- On wall 7 after 8 counts

Enjoy the dance.....

For more info, please contact Norsiana74@gmail.com
