I Wanna Thank Me!



拍數: 64 牆數: 2 級數: Novice

編舞者: Marina Krüger (DE) - June 2024

音樂: I Wanna Thank Me (feat. Niecy Nash) - Meghan Trainor



Part A: 32 counts 2 Wall
Part B: 32 counts 2 Wall
Sequence A A B A A B B A B

Α

[1-8] RF Step side, LF Rockstep , LF Chasse left, RF Backrock , RF Lockstep forward

1,2,3 RF Step side, LF Step forward, recover on RF

4&5 LF Chasse to the left Side

6, 7 RF Step backwards, recover on LF

8&1 RF Lockstep forward

[9-16] LF step forward 1/2 turn right Shoulder, LF Lockstep forward, RF Step forward with 1/4 turn left, RF Lockstep forward.

2, 3 LF Step forward, ½ turn right shoulder

4&5 LF Lockstep forward

6, 7 RF Step forward, ¼ turn left

8&1 RF Lockstep forward

[17-24] LF side point, LF cross over RF, RF side point, RF Cross over LF, LF Step 1/4 turn to right side back, RF beside LF, LF cross over RF (Jazzbox 1/4 turn)

2, 34, 5LF Step side point, LF cross over RFRF Step side point, RF cross over LF

6, 7, 8 LF Step 1/4 /turn right side back, RF Step beside LF, LF cross over RF

[25-32] RF Step side, LF touch to right side, LF side, RF touch to left side, Rolling vine to right side

1, 2 RF Step side, LF touch beside RF 3, 4 LF Step side, RF touch beside LF 5, 6, 7, 8 Rollingvine to the right Side

R

[&1-8] Jump out, 4x Bouncen with Fingers/ Hands on your Shoulders up your Body, 4 Hip bump RLRL, Right hand goes to right side from head to the hip

& 1, 2, 3, 4 Jump out, 4x Bounce (Heel up & down)

Styling: Clap with fingers and hands on your shoulders up your body

5, 6, 7, 8 4 Hip bump RLRL, Styling: right hand goes up to right side from head to the hip

[9-16] 4x Left Hand claps your left booty, Jazzbox with 1/4 turn right

1, 2, 3, 4 4 x Left Hand claps your left booty

5, 6, 7, 8 RF Jazzbox ¼ turn right

[17-24] RF Step Forward, LF kick forward, LF Step back, RF Step back with touch, 4 paddle turn over left shoulder (3 /4 turn)

1, 2 RF Step forward, LF Kick forward3, 4 LF Step back, RF Step back with touch

5, 6, 7, 8 4 Paddleturn over left shoulder (3 /4 turn)

Styling: 5-8: Paddleturn with air-kisses

[25-32] RF Cross LF, LF side point, LF cross over RF, RF Step side point, Jazzbox on place.

1, 2 RF Step cross over LF, LF Step side with point

3, 4 LF Step cross over RF, RF Step side with point

5, 6, 7, 8 RF Jazzbox on place

Last Update: 23 Jun 2024