High Hopes



拍數: 48 牆數: 2 級數: Phrased Improver

編舞者: Ed Evangelista (USA) - June 2024 音樂: High Hopes - Chris Housman



3rd Place, Phrased division, USLDCC Choreography Competition, Fun In The Sun, Orlando, 2024

Start dancing on the word "Tabloids"
Part A=32 counts, Part B=16 counts
Sequence A,B,A, 8 counts of B,A,B,A,A,A,B,A,A

PART A: 32c

RIGHT SIDE ROCK, RECOVER, BEHIND, SIDE, CROSS, LEFT SIDE ROCK, RECOVER, COASTER STEP

Rock R side right, recover to L, step R behind L, step L side left, cross R over L Rock L side left, recover to R, step back on L, step R next to L, step forward on L

ROCK, RECOVER, COASTER STEP, ROCK, RECOVER, TURN 1/4 LEFT, SHUFFLE SIDE LEFT

123&4 Rock forward on R, recover to L, step back on R, step L next to R, step forward on R

Rock forward on L, recover to R, turn ¼ left, shuffle side left LRL 9:00

WEAVE LEFT WITH POINT, CROSS, SIDE, 1/4 LEFT SAILOR STEP

1234 Cross R over L, step L side left, step R behind L, point L side left

567&8 Cross L over R, step R side right, turn 1/4 left stepping L behind R, step R side right, step L

side left 6:00

ROCK FORWARD, RECOVER, & ROCK FORWARD, RECOVER, COASTER STEP, KICK BALL CHANGE

Rock forward on R, recover to L, quickly step on R, rock forward on L, recover to R

Step back on L, step R next to L, step forward on L, kick R, step on ball of R, step on L

PART B: 16c

STEP, TOUCH (CLAP), STEP, TOUCH(CLAP), SHUFFLE FORWARD, STEP, TOUCH(CLAP), STEP, TOUCH(CLAP), SHUFFLE BACK

1&2&3&4& Step R diagonal forward, touch L next to R (with clap), step L diagonal back, touch R next to

L (with clap), shuffle diagonal forward RLR, touch L next to R

5&6&7&8 Step L diagonally back left, touch R next to L (with clap), step R diagonally forward right,

touch L next to R (with clap), shuffle back diagonally left LRL

COASTER STEP, RUN, RUN, RUN, LUNGE DIAGONAL RIGHT, LUNGE DIAGONAL LEFT, SWAY RIGHT, SWAY LEFT

1&23&4 Step back on R, step L next to R, step forward on R, run forward LRL

Lunge forward stepping out on R, step out on L, sway hips right, sway hips left

YOU WILL FINISH THE DANCE FACING 12:00 TA DAH!!!

End of dance. ENJOY!! MrEd325@gmail.com

Last Update: 28 Sep 2024