God Bless The USA



拍數: 32 牆數: 1 級數: Beginner

編舞者: Dolly Kingsley (USA) - May 2023

音樂: God Bless the U.S.A. - The New American Ensemble



*4 easy Tags & optional Ending

Introduction: 16 counts, start on the lyrics

SIDE, TOGETHER, TRIPLE - R & L

1-2 Step R foot to right side [1], Step L foot next to R [2],

3&4 3 Steps in place - R [3], L [&], R [4]

5-6 Step L foot to left side [5], Step R foot next to L [6]

7&8 3 Steps in place - L [7], R [&], L [8]

SAILOR X 4 - R, L, R, L

1&2	Step R behind L [1], Step L to left side [&], Step R to right side [2]
3&4	Step L behind R [3], Step R to right side [&], Step L to left side [4]
5&6	Step R behind L [5], Step L to left side [&], Step R to right side [6]
7&8	Step L behind R [7], Step R to right side [&], Step L to left side [8]

FWD ROCK RECOVER, TRIPLE HALF X 2 (TURNING FULL CIRCLE RIGHT), BACK ROCK RECOVER

1-2	Step R foot forward [1], Recover weight onto L [2]
3&4 3	Steps in place turning 1/2 right - R [3], L [&], R [4] (6:00)
5&6 3	Steps in place turning 1/2 right - L [5], R [&], L [6] (12:00)
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7-8 Step R foot back [7], Recover weight onto L [8]

SHUFFLE FORWARD, FWD ROCK RECOVER, SHUFFLE BACK, BACK ROCK RECOVER

1&2	Step R foot forward [1], Step L next to R [&], Step R forward [2]
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3-4 Step L foot forward [3], Recover weight onto R [4]

5&6 Step L foot back [5], Step R next to L [&], Step L back [6]

7-8 Step R foot back [7], Recover weight onto L [8]

*Tags occur at the end of every 32 count sequence to match music.

(If a different version of the music is used, you may not need the tags!)

32 counts, Tag #1, 32 cnts, Tag #2, 32 cnts, Tag #3, 32 cnts, Tag #4, 16 cts, Ending

Tag #1: 4 counts = 4 Steps in place R, L, R, L

Tag #2: 16 counts = turn 1/4 right 4 Steps in place R, L, R, L (3:00), turn 1/4 right 4 Steps in place R, L, R, L (6:00), turn 1/4 right 4 Steps in place R, L, R, L (9:00), turn 1/4 right 4 Steps in place R, L, R, L (12:00)

Tag #3: 4 counts = 4 Steps in place R, L, R, L

Tag #4: 8 counts = 8 Steps in place R, L, R, L, R, L, R, L

Optional Ending: At the 5th sequence, dance the first 16 counts and walk into any stars and stripes formation. For example, 5 dancers join and walk in a circle to represent the 5 pointed stars on the flag. Dancers in straight lines to represent the stripes on the flag. Be creative!

ENJOY! See all of the dances from Miss Dolly and KK on Copperknob (Dolores Kingsley, Kristin Kingsley) and YouTube under @dollysdances6040; Dolly's Dances