

# This Land Is Your Land

COPPERKNOB  
BY STEPHENETS

拍數: 32                      牆數: 2                      級數: Beginner  
編舞者: Dolly Kingsley (USA) - June 2024  
音樂: This Land Is Your Land - Lee Greenwood



This dance can be performed in Contra!

Introduction: 16 counts, start on the word "Your"

## POINT OUT, IN, OUT; BEHIND, SIDE, STEP - R & L

1&2                      Point R foot to right side [1], Touch R next to L [&], Point R foot to right side [2]  
3&4                      Step R behind L [3], Step L to left side [&], Step R slightly forward next to L [4]  
5&6                      Point L foot to left side [5], Touch L next to R [&], Point L foot to left side [6]  
7&8                      Step L behind R [7], Step R to right side [&], Step L slightly forward next to R [8]

## SHUFFLE FORWARD X 4 - R, L, R, L

1&2                      Step R forward [1], Step L next to R [&], Step R forward [2]  
3&4                      Step L forward [3], Step R next to L [&], Step L forward [4]  
5&6                      Step R forward [5], Step L next to R [&], Step R forward [6]  
7&8                      Step L forward [7], Step R next to L [&], Step L forward [8]

## SUGAR FOOT X 2 - R & L; JAZZ BOX TURNING 1/4 RIGHT

1&2                      Touch toes of R next to instep of L [1], Touch heel of R next to instep of L [&], Step R slightly forward [2]  
3&4                      Touch toes of L next to instep of R [3], Touch heel of L next to instep of R [&], Step L slightly forward [4]  
5-6                      Step crossing R over L [5], Step L back [6]  
7-8                      Step R to right side turning 1/4 right [7], Step L slightly forward next to R [8] (3:00)

## SUGAR FOOT X 2 - R & L; JAZZ BOX TURNING 1/4 RIGHT

1&2                      Touch toes of R next to instep of L [1], Touch heel of R next to instep of L [&], Step R slightly forward [2]  
3&4                      Touch toes of L next to instep of R [3], Touch heel of L next to instep of R [&], Step L slightly forward [4]  
5-6                      Step crossing R over L [5], Step L back [6]  
7-8                      Step R to right side turning 1/4 right [7], Step L slightly forward next to R [8] (6:00)

## Tag - At the end of sequence 4 (12:00), as the artist sings "This Land, This Land"

1-4                      Step R to right side [1], Touch L to next R [2], Step L to left side [3], Touch R next to L [4]  
5-8                      Step R to right side [5], Touch L to next R [6], Step L to left side [7], Touch R next to L [8]

Optional arms: wave over head to the right as step right and to the left as step left  
Tag as introduction: after 8 counts of the song starting with "This Land, This Land."

ENJOY! No Restarts.

Optional Ending: During the 7th sequence, complete 16 counts of the dance (shuffle forward X 4) and facing front, take hands up in the shape of a V.

See all of the dances from Miss Dolly and KK on Copperknob (Dolores Kingsley, Kristin Kingsley) and YouTube under @dollysdances6040; Dolly's Dances