

Jing Zhong Bao Guo Remix (精忠报国)

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 4 級數: Beginner
編舞者: Heru Tian (INA) - June 2024
音樂: 精忠报国 Jing Zhong Bao Guo (DJ Remix)



***3 Tags, 1 Restart

***Tag 4C at the End of Wall 2, 3, 6 & 9 (6.00, 3.00, 6.00 & 12.00)

Jazz Box

1234 Cross RF over LF (1), Step LF back (2) Step RF to R Side (3), Step LF fwd (4)

***Restart on Wall 8 after 8C (facing 3.00)

Section 1 : Jazz Box, Side & Fwd Point (X2)

1234 Cross RF over LF (1), Step LF back (2) Step RF to R Side (3), Step LF fwd (4)

5678 Step RF to R Side (5), Touch LF fwd slightly cross over RF (6), Step LF to L Side (7), Touch
RF fwd slightly cross over LF (8)

***Restart Here on Wall 8 (facing 3.00)

Section 2 : Cross, 1/4R Back, Back, Hook Touch, Fwd Touch, Hook Touch, Claps

1234 Cross RF over LF (1), 1/4R, Step LF bwd (2), Step RF bwd (3), Touch LF cross over RF (4)

5678 Touch LF fwd (5), Touch LF cross over RF (6), Claps twice (7,8)

Section 3 : Side, Together, Fwd Shuffle, Rock Fwd, 1/2R Shuffle

1 2 Step LF to L Side (1), Step RF next to LF (2)

3&4 Step LF fwd (3), Step RF next to LF (&), Step LF fwd (4)

5 6 Rock RF fwd (5), Recover on LF (6)

7&8 1/4R, Step RF to R Side (7), Step LF next to RF (&), 1/4R, Step RF fwd (8)

Section 4 : Vine, Side Point, Vine, Shoulder Pops

1234 Step LF to L Side (1), Step RF behind LF (2), Step LF to L Side (3), Point RF to R Side (4)

5678 Step RF to R Side (5), Step LF behind RF (6), Step RF to R Side, Pop Right Shoulder up (7),
Return Right Shoulder, Pop Left Shoulder up (8) weight on LF

(Optional : Vine, Side Point, Rolling Vine, Shoulder Pops)

Start again..

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