

Wanna Thank Me

拍數: 64 牆數: 2 級數: Phrased Intermediate
編舞者: Asbare Bare (INA) & Cindy Elsy (INA) - June 2024
音樂: I Wanna Thank Me (feat. Niecy Nash) - Meghan Trainor



SEQUENCE A A B A A B B B B

PART A (32 Counts)

I. Step Forward, Toe Touch Behind, Step Backward, Flick, Cross Side, Close.

1-2 Step Rf forward, Touch L toe Lf behind Rf
3-4 Step Lf backward, Flick Rf
5-6 Cross Rf over Lf, Step Lf to left side
7-8 Cross Rf over Lf, Step Lf next to Rf

II. Step Side, Toe Touch, Step Side, Toe Touch, Rolling Vine, Brush.

1-2 Step Rf side with hip roll from L to R, Touch L toe slightly diagonal forward with bump L hip up
3-4 Step Lf side with hip roll from R to L, Touch R toe slightly diagonal forward with bump R hip up
5-6 ¼ turn R step Rf forward, ½ turn R step Lf backward
7-8 ¼ turn right step Rf to right side, Brush Lf

III. Syncopated Cross Back, Hook, Step Forward.

1-2 Cross Lf over Rf, Step Rf slightly diagonal back
3-4 Step Lf slightly diagonal back, Cross Rf over Lf
5-6 Step Lf slightly diagonal back, Step Rf slightly diagonal back
7-8 Hook Lf, Step Lf forward

IV. Pivot 1/2 Turn L, Rock Forward, Recover, Lock Cha Cha Backward, Couster Step.

1-2 Step Rf Forward, ½ turn L weight on Lf
3-4 Rock Rf forward with body weave, Recover on Lf
5&6 Step Rf back, Cross Lf over Rf, Step Rf back
7&8 Step Lf back, Step Rf next to Lf, Step Lf forward

PART B (32 Counts)

I. Walk Forward, Cross Samba, Pivot 1/2 Turn L.

1-2 Walk R-L Forward
3&4 Cross Rf over Lf, Rock Lf to left side, Recover on Rf
5&6 Cross Lf over Rf, Rock Rf to right side, Recover on Lf
7-8 Step Rf forward, ½ turn L weight on Lf

II. Cross Step Forward, Chasse Diagonal, Pivot 1/2 Turn L

1-2 Cross step Rf over Lf with toe, Cross Lf over Rf with toe
3&4 Step Rf diagonal forward, Step Lf beside Rf, Step Rf to right side
5&6 Step Lf diagonal forward, Step Rf beside Lf, Step Lf to left side
7-8 Step Rf forward, ½ turn L weight on Lf

III. Rock Side, Cross Shuffle, Rock Side, Behind, Side, Cross.

1-2 Rock Rf to right side, Recover on Lf
3&4 Cross Rf over Lf, Step Lf to left side, Cross Rf over Lf
5-6 Rock Lf to left side, Recover on Rf
7&8 Cross Lf behind Rf, Step Rf to right side, Cross Lf over Rf

IV. Hip Bumps, Pivot ½ turn L, V step

- 1-2 Hip bumps Step Rf forward, Step Rf in place
 - 3-4 ½ turn L Hip bumps Step Lf forward, Step Lf in place
 - 5-6 Step Rf diagonal forward, Step Lf diagonal forward
 - 7 - 8 Step Rf back to center, Step Lf next to Rf
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