

Bulletproof

COPPER KNOB
BYEBOBETS

拍數: 32 牆數: 4 級數: Improver
編舞者: Pam Wingo (USA) - June 2024
音樂: Bulletproof - Nate Smith



Huge shoutout to John Wingo and Rose Prim

Intro on count : 16

No tags or restarts - Moves: CW

Section 1: R&L TOE, HEEL STOMPS, 1/4 L, Shuffle to side

1 &2 Touch R toe next to L instep, touch R heel next to L instep, step or stomp down on R (12:00)
3&4 Repeat steps 1&2, with L foot
5&6 Step forward on R making a 1/4 turn pivot to L, weight will be on L, cross R over L (9:00)
7&8 Shuffle to side, L,R,L

Section 2: 1/2 TURN SAILOR STEP, STEP, LOCK, STEP, FORWARD STEP MAKING 1/4 TURN PIVOT (left and right)

1 &2 Sweep R foot behind left making a 1/2 turn (3:00) over R shoulder, step L, step R
3&4 Step forward on L, lock R behind L, step forward on L
5&6 Step forward on R, pivot 1/2 turn, weight will be on L (9:00) , step forward on R
7&8 Step forward on L, 1/2 turn pivot, L, step forward on L (3:00)

Section 3: RIGHT & LEFT WEAVE with 1/4 turn L

1 &2&3&4& Step R to side(1) , cross L behind R(&), step R to side(2), cross L in front of R(&), step R to side(3), step L behind R(&), step R to side (4)
5&6&7&8 Repeat steps to L with the exception of steps 8, cross R behind L, make a 1/4 turn stepping forward on L (count 8) facing 12:00

Section 4: Mambo steps (right, left and forward), hook,3/4 unwind

1 &2 Rock R to side, recover weight to L, place R next to left
3&4 Rock L to side, recover weight to R, place L next to right
5&6 Rock forward on R, recover weight to L, place R next to left
7-8 Bring L foot behind R " hooking" foot behind heel, 3/4 unwind over L shoulder to new wall (3:00)

Last Update: 14 Jun 2024