

# Raise Your Hands (Händer Upp)

COPPERKNOB  
BY SHEETS

拍數: 32      牆數: 4      級數: Easy Improver  
編舞者: Kim Liebsch (DK) - June 2024  
音樂: Händer upp - Carola



Intro: 16 counts (appr. 11 sec)

Start with weight on L foot

Extras (styling): On wall 3-5-8-10-12, on the first 4 counts, when she sings händer upp- Raise your Hands twice (\*)

## Section 1 Cross point X 2 (\*raise hands on wall:3-5-8-10-12) rock recover, shuffle back

1-2            Cross R over L, point L to L side 12:00  
3-4            Cross L over R, point R to R side 12:00  
5-6            Rock fw. on R, recover on L 12:00  
7&8           Step back on R, step L next to R, step back on R 12:00

## Section 2 Back rock, shuffle fw. step ½ turn, shuffle ½ turn

1-2            Rock back on L, recover on R 12:00  
3&4           Step fw. on L, step R next to L, step fw. on L 12:00  
5-6            Step fw. on R, make ½ turn L stepping fw. on L 6:00  
7&8            Make ½ turn L stepping back on R, step L next to R, step back on R 12:00

## Section 3 Step back with knee pop X 2, back rock, step ¼ turn, cross shuffle

1-2            Step back on L, while popping R knee, step back on R while popping L knee 12:00  
3-4            Rock back on L, recover on R 12:00  
5-6            Step fw. on L, make ¼ turn R stepping R to R side 3:00  
7&8            Cross L over R, step R to R side, cross L over R 3:00

## Section 4 Step side hold, ball side touch, ¼ turn step, ¼ turn touch

1-2            Step R to R side, hold 3:00  
&3-4          Ball step L next to R, step R to R side, touch L beside R 3:00  
5-6            Make ¼ turn L stepping fw. on L, step fw. on R 12:00  
7-8            Make ¼ turn L, stepping L to L side, touch R beside L 9:00

Good Luck & N'joy!

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