

No Lo Trates

拍數: 32 牆數: 4 級數: Improver
編舞者: Annie Saerens (BEL) - June 2024
音樂: No Lo Trates - Pitbull, Daddy Yankee & Natti Natasha



Intro: 32 counts

SIDE, TOGETHER, SIDE-TOGETHER-CHASSE, ROCK STEP, SIDE-TOGETHER-SIDE

1-2 Step R to side, Together with L
3&4 Step R to side, Together with L, Step R to side
5-6 Rock L back, Recover onto R
7&8 Step L to side, Together with R, Step left to side

CROSS, TOUCH, CROSS-ROCK STEP, CROSS, TOUCH, ¼ TURN COASTER STEP

1-2 Cross R over L, Touch L to side
3&4 Cross L over R, Rock R to side, Recover onto L
5-6 Cross R over L, Touch L to side
7&8 Turn ¼ L and step L back, Together with R, Step L forward

¼ PIVOT, CROSS SHUFFLE, ROCK STEP, CROSS-SIDE-CROSS

1-2 Step R forward, Turn ¼ L
3&4 Cross R over L, Step L to side, Cross R over L
5-6 Rock L to side, Recover onto R
7&8 Cross L behind R, Step R to side, Cross L over R

STRUT, MAMBO, JAZZ BOX ¼ TURN

1-2 R toe strut to side
3&4 Rock L behind R, Recover onto R, Step L to side
5-6 Cross R over L, Step L back
7-8 Turn ¼ R and step R to side, Together with L

Restarts: During walls 2, 5, and 8 after 16 counts

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