

Breathe EZ

拍數: 32 牆數: 2 級數: Beginner
編舞者: Su Law (USA) - June 2024
音樂: Breathe - Faith Hill : (Album: Breathe)



Intro: 16 counts

****Restart: wall 4 after 24 counts facing 12:00**

S1 – NC, NC, Pivot 1/2, Forward Shuffle (NC: Night Club)

1, 2& RF to R (1), rock LF behind RF (2), recover weight RF (&)
3, 4& LF to L (3), RF behind LF (4), recover weight LF (&)
5, 6 RF forward (5), 1/2 L taking weight LF (6)
7 & 8 RF forward (7), LF next to RF (&), RF forward (8)

S2 – Sway, Sway, Behind Side CROSS. Sway, Sway, Behind Side FORWARD.

1, 2 weight LF Sway L (1), recover weight RF as sway R (2)
3&4 LF behind RF (3), RF to R side (&), LF cross RF (4)
5, 6 weight RF Sway R (5), recover weight LF as sway L (6)
7&8 RF behind LF (7), LF to L side (&), RF FORWARD (8)

S3 – Forward Mambo, Coaster Step. Forward Rock, Recover, Back Shuffle.

1&2 Rock LF forward (1), recover on RF (&), step back on LF (2)
3&4 Step back on RF (3), step LF next to RF (&), step forward on RF (4)
5, 6 Rock LF forward (5), recover on RF (6)
7&8 Step LF back (7), step RF next to LF (&), Step LF back (8)

**** RESTART on WALL 4**

S4 – Back Rock, Recover, Forward Shuffle, Sway, Ball (&), Sway

1-2 Rock RF backward (1), recover on LF (2)
3&4 RF forward (3), LF next to LF (&), RF forward (4)
5-6 weight LF Sway L (5), recover weight RF as sway R (6)
&7-8 Ball LF next to RF (&), weight RF Sway R (7), recover weight LF as sway L (8)

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