# Got to Be Yourself



編舞者: Frank Trace (USA) - June 2024

音樂: Everybody Be Yo'Self - Chic Street Man



## Intro: 8 counts - No tags or restarts

### STEP SLIDES RIGHT, STEP SLIDES LEFT

Step R to right side as you angle body right, slide L next to R squaring up to 12:00
Step R to right side as you angle body right, slide L next to R squaring up to 12:00
Step L to left side as you angle body left, slide R next to L squaring up to 12:00
Step L to left side as you angle body left, slide R next to L squaring up to 12:00

Option: Do hitchhike motion with thumbs as you do the above steps.

#### RIGHT OUT, LEFT OUT, SHUFFLE BACK, COASTER, WALK, WALK

1-2 Step R diagonally forward, step L diagonally forward

3&4 Shuffle back stepping R, L, R

5&6 Coaster: Step L, step R next to L, step L forward

7-8 Walk forward stepping R, L

#### MAMBO SIDE RIGHT, MAMBO SIDE LEFT, 1/8 PIVOT, 1/8 PIVOT

Right side mambo (rock R out, recover onto L, step R next to L)

Left side mambo (rock L out, recover onto R, step L next to R)

5-8 Pivot 1/8 turn, pivot 1/8 turn (swivel hips counterclockwise as you turn) (9:00)

#### MAMBO FORWARD, MAMBO BACK, JAZZ BOX

1&2 Right forward mambo (rock R forward, recover on L, step R next to L)

3&4 Left back mambo (rock L back, recover on R, step L next to R)

5-8 Step R over L, step L back, step R to side, stomp L next to R (weight on left)

#### **BEGIN AGAIN**