

Bachata La Vida

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Improver
編舞者: Lelly Tjokro (INA) - June 2024
音樂: ASI ES LA VIDA - Enrique Iglesias & Maria Becerra



Intro : 32 count - No Tag, No Restart

S1. BASIC BACHATA (RIGHT-BACK)

1 - 4 Step R to side, Step L next to R, Step R to side, Touch L beside R & hip bump
5 - 8 Step L back, Step R back beside L, Step L back, Touch R beside L & hip bump

S2. FORWARD COASTER STEP- TURN ½ R – HOOK – ROLLING VINE

1 – 4 Step R forward, Step L beside R, Turn ¼ right step R to side, Hook L across R (3:00)
5 – 8 Turn ¼ left step L forward, Turn ½ left ,turn ¼ step L to side, Touch R beside L

S3. WALK FORWARD (R-L) – KICK – BACK STEP – BODY WAVE – LARGE STEP

1 – 4 Step R forward, Step L forward, Kick R forward, Step R back
5 – 8 Body moves like waves with open the legs forward and back, weight on R, Slide L step to side, Dragging R beside L & touch

S4. BACHATA BOX STEPS

1 – 4 Step R to side, Step L beside R, Step R forward, Touch L beside R & hip bump
5 – 8 Step L to side, Step R beside L, Step L back , Touch R beside L & hip bump

Begin again & enjoy the dance.

For more information about stepsheet & song, please contact me at : Lelly6463@gmail.com