

# Girl

拍數: 48                      牆數: 2                      級數: Beginner  
編舞者: Ivan Rundgren (SWE) - 11 June 2024  
音樂: Girl - The Beatles



Intro: Approximately 2 second on word " Anybody" No tag or Restart :)

## SEC. 1 DIAGONAL FWD STEP R L – MAMBO – BACK LOCKSTEP – STEP AND SWAY R L

1 – 2                      Diagonal (1/8 turn to L side) fwd step R (1) step fwd L (2) 10.30  
3 & 4                      Step fwd R (3) recover to L (&) step back on R (4) 10.30  
5 & 6                      Step back on L (5) lock R over L (6) step back on L (&) 10.30  
7 – 8                      Step R to center and sway to the R (7) sway to the L (8) 12.00

## SEC. 2 DIAGONAL FWD STEP R L – MAMBO – BACK LOCKSTEP – STEP AND SWAY R L

1 – 2                      Diagonal (1/8 turn to R) fwd step R (1) step fwd L (2) 13.30  
3 & 4                      Step fwd R (3) recover to L (&) step back on R (4) 13.30  
5 & 6                      Step back on L (5) lock R over L (6) step back on L (&) 13.30  
7 – 8                      Step R to center and sway to the R (7) sway to the L (8) 12.00

## SEC. 3 R CROSS ROCK – R CHASSÉ – L CROSS ROCK – L CHASSÉ

1 – 2                      Cross step R over L (1) recover to L (2)  
3 & 4                      Step R to R side (3) step L beside R (&) step R to R side (4)  
5 – 6                      Cross step L over R (5) recover to R (6)  
7 & 8                      Step L to L side (7) step R beside L (&) step L to L side (8)

## SEC. 4 PIVOT 1/2 – RUN FWD R, L, R – L KICK – BALL – POINT R – R KICK – BALL – POINT L

1 – 2                      Step fwd R (1) pivot 1/2 turn over L shoulder (2)  
3 & 4                      Run fwd R (3) run fwd L (&) run fwd R (4)  
5 & 6                      Kick fwd L (5) step on ball of L (&) point R to R side (6)  
7 & 8                      Kick fwd R (7) step on ball of R (8) point L to L side (&)

## SEC. 5 CROSS SHUFFLE – SIDE ROCK STEP – CROSS SHUFFLE – SIDE ROCK STEP

1 & 2                      Cross L over R (1) step R to R side (&) cross L over R (2)  
3 – 4                      Step R to R side (3) recover to L (4)  
5 & 6                      Cross R over L (5) step L to L side (&) cross R over L (6)  
7 – 8                      Step L to L side (7) recover to R (8)

## SEC. 6 FWD ROCK – COASTER – ROCKING CHAIR

1 – 2                      Step fwd L (1) recover to R (2)  
3 & 4                      Step back on L (3) step R beside L (&) step fwd L (4)  
5 – 6                      Step fwd R (5) recover to L (6)  
7 – 8                      Step back on R (7) recover to L (8)

Start over again!

Please like and subscribe

Have fun & happy dancing, hugs from Sweden

Contact: [ivan.rundgren@gmail.com](mailto:ivan.rundgren@gmail.com)