

Gravity

COPPER KNOB
STEPPEDETS

拍數: 32 牆數: 4 級數: Beginner
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音樂: Gravity Is a B**ch - Miranda Lambert



No tags or restarts

Intro: 16 counts

FORWARD ROCK, SHUFFLE BACK, BACK ROCK FORWARD SHUFFLE

1-4 Rock R forward, Recover on L, Shuffle backward RLR
5-8 Rock L backward, Recover on R, Shuffle forward LRL

STEP HEEL, STEP TAP, ½ TURN LEFT, SHUFFLE

1-4 Step R, Step L heel forward, Step L, Tap R toe to back
5-8 Step R as turn ½ to L (weight ends on L), Shuffle forward RLR

SHUFFLE BACK DIAGONALLY LEFT AND RIGHT 4X

1&2 Shuffle L back diagonally, LRL
3&4 Shuffle R back diagonally, RLR
5&6 Shuffle L back diagonally, LRL
7&8 Shuffle R back diagonally, RLR

LEFT AND RIGHT SIDE MAMBOS, COASTER, ¼ TURN LEFT

1&2 Step L to L side, Step R in place, Step L beside R
3&4 Step R to R side, Step L in place, Step R beside L
5&6 Step L back, Step R back beside L, Step L forward
7-8 Step R as ¼ turn L (weight ends on L)

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Note for Novices:

Forward Shuffle: Step first foot forward, Step second foot forward beside it, Step first foot forward

Backward Shuffle: Step first foot backward, Step second foot backward beside it, Step first foot backward