New La Paloma

拍數: 40 **牆數:** 4 **級數:** Improver
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音樂: La Paloma - Julio Iglesias

Sequences : 40 40 40 24 24 (tag 8c) 24 (tag 4c) 32 40 40 24 32 (change step - 06.00) 24 (tag 8c) 24
TAG 1(8C) : ½L. SPIRAL - JAZZ BOX

1234	Cross RF over LF - Turn ½L. 3counts keep weight on LF
5678.	Cross RF over LF- Step back on LF - Step RF to R side - Step LF fwd

TAG 2 (4C) : ½R. UNWIND

1234	Cross RF behind LF, Turn ½R. 3counts keep weight on LF

INTRO : ...

S1. RUMBA BOX WITH HOLD

1234.	Step Rf To R Side - Close Lf Beside Rf - Step Back On Rf - Hold
5678.	Step Lf To L Side - Close Rf Beside Lf - Step Lf Forward - Hold

S2. DIAGONAL FORWARD WHILE SWAY - R/L

1234.	Step Rf Diagonal Forward R While Sway Your Hips To Rlr - Hold
5678.	Step Lf Diagonal Forward L While Sway Your Hips To Lrl - Hold

S3. ROCK - RECOVER - SHUFFLE (FORWARD / BACKWARD)

1 2.	Rock Rf Forward - Recover On Lf
3&4.	Step Back On Rf - Close Lf Beside Rf - Step Back On Rf
5 6.	Rock Back On Lf - Recover On Rf
7&8.	Step Lf Forward - Close Rf Beside Lf - Step Lf Forward

S4. ROLLING TO RIGHT - TOUCH SIDE , ROLLING TO LEFT - TOUCH BESIDE

1234.	Turn ¼R. Step Rf Fwd - Turn ½R. Step Back On Lf - Turn ¼R. Step Rf To R Side - Touch Lf To L Side
5678.	Turn ¼L. Step Lf Fwd - Turn ½L. Step Back On Rf - Turn ¼L.Step Lf To L - Touch Rf Beside Lf

S5. FORWARD - FLICK - BACKWARD - HOOK, ¼L. RF SIDE - SLOW KICK OVER RF - LF. BIG STEP - RF DRAG

1234.	Step Rf Fwd - Flick Lf Behind Rf - Step Back On Lf - Hook Rf Over Lf
5678.	Turn ¼L. Step Rf To R Side - Slightly Kick Lf Over Rf - Big Step Lf To L Side - Drag Rf Next To Lf

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