

Contigo Feeling

COPPER **KNOB**
BY STEPHEN

拍數: 32 牆數: 4 級數: High Beginner
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音樂: Contigo Tengo Feeling - GABIFUEGO & Astrid S



Start RF - No tag no restart

SEC 1 : WALK R-L FORWARD MAMBO , STEP BACK L-R COASTER STEP

1 2 Step RF forward (1) step LF forward (2)
3 & 4 Step RF forward (3) recover on LF (&) step LF back (4)
5 6 Step LF back (5) step RF back (6)
7 & 8 Step LF back (7) close RF next to LF (&) step LF forward (8)

SEC 2 : SIDE ROCK TURN ¼ L PIVOT ½ R CROSS SHUFFLE SIDE MAMBO

1 & 2 Rock side RF(1) recover on LF (&) turn ¼ L step RF forward (2)
3 & 4 Step LF forward (3) turn ½ R bring weight forward on R (&) step LF forward (4)
5 & 6 Cross RF over LF (5) step LF to side (&) cross RF over LF (6)
7 & 8 Step LF to side (7) recover on RF (&) close LF next to RF (8)

SEC 3 : FORWARD MAMBO BACK MAMBO VOLTA ½ R

1 & 2 Rock RF forward (1) recover on L (&) step RF beside LF (2)
3 & 4 Rock LF backward (3) recover on RF (&) step LF beside RF (4)
5&6 1/8 turn R step RF forward, step LF beside RF 1/8 turn R step RF forward
&7&8 Step LF beside RF, 1/8 turn R step RF forward, step LF beside RF 1/8 turn R step RF forward

SEC 4 : VOLTA ½ L . VAUDEVILLE

1 & 2 1/8 turn L step LF forward, step RF beside LF, 1/8 turn L step LF forward
&3 & 4 Step RF beside LF, 1/8 turn L step LF forward, step RF beside LF, 1/8 turn L step LF forward
5 & 6 & Cross RF over left(5) step LF to side(&) touch right toe or heels (option) diagonal R(6) drop R toe or heel (&)
7 & 8 & Cross LF over RF(7) step RF to side(&), touch left toe or heel (option) diagonal L(8) drop L toe or heel (&)

Let's dance it out everyone !!

Submitted by serfianti@gmail.com