

Det blir inte bättre (It doesn't get any better)

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 2 級數: Improver
編舞者: Lennart Gustavsson (SWE) - May 2024
音樂: Det blir inte bättre - Tomas Ledin & Vapendragarna



Intro: 8 counts intro, app. 5 secs into track. Start with weight on L foot.
*1 restart after wall 3

Two Toe Struts Forward, R Mambo Forward, Left Sailor ¼ turn, Cross R ¼ Back (L)

1&2& Touch right toe fw, drop right heel down, Touch left toe fw, drop left heel down
3&4 Rock forward on Right. Rock back on Left. Step back on Right
5&6 Sweep Left behind Right making 1/4 turn Left. Step Right beside Left. Step forward on Left.
7-8 Cross step Right over Left. Make 1/4 turn Right stepping back on Left.

Side R Rock, Left Cross Shuffle, Side Rock ¼ R, Left Forward Shuffle

9-10 Step right to right side, rock back on Left
11&12 Cross step Right over Left. Step Left to Left side. Cross step Right over Left.
13-14 Step Left to left side rock ¼ turn forward on Right
15&16 Left shuffle forward stepping. Left. Right Left

Cross Side, Behind Side Cross, Out, Out (L/R), Behind ¼ R Turn, Step L

17-18 Cross step Right over Left. Step Left to Left side
19&20 Cross right behind left, step left to left side, Cross right over Left
21-2 Step Left out to left, Step Right out to right
23&24 Step Left behind right. Pivot 1/4 turn Right, step forward on left

Rock Recover, R ½ Shuffle, Rock Recover L ½ Shuffle

25-26 Rock forward on Right. Rock back on Left.
27&28 Right shuffle making 1/2 turn Right stepping. Right. Left Right
29-30 Rock forward on Left. Rock back on Right.
31&32 Left shuffle making 1/2 turn Left stepping Left. Right. Left

Tag after wall 3

R ROCKING CHAIR, PADDLE TURN ¼ LEFT X 2

1-2 Forward on Right, back on Left
3-4 Back on Right, forward on Left
5-6 Touch right toe forward, Pivot ¼ turn left
7-8 Touch right toe forward, Pivot ¼ turn left, Now facing front wall

REPEAT

Last Update: 27 Jun 2024