

My Bestie

COPPER KNOB
STEPSHETS

拍數: 32 牆數: 2 級數: Improver
編舞者: Helma Yoga (INA) - June 2024
音樂: Iko Iko (My Bestie) (feat. Small Jam) - Justin Wellington



START DANCE AFTER 16C ON VOCAL

#4 TAGS

***4C AFTER WALL 1, 3, 4**

***8C AFTER WALL 6**

S1. SAMBA WISK (R-L) - SAMBA WALK FORWARD - FORWARD LOCK SHUFFLE

1a2 Step R to side , L ball cross behind R , R in the place
3a4 L to side , R ball cross behind L , L in the place
5 6 R forward , L forward
7&8 R forward , L lock behind R , R forward

S2. SAMBA WISK (L-R) - VOLTA 3/4 TURN LEFT

1a2 Step L to side , R ball cross behind L , L in the place
3a4 R to side , L ball cross behind R , L in the place
5&6& 1/4 turn Left step L forward , R ball behind L , 1/8 turn left step L forward , R ball behind L
7&8 1/8 turn Left step L forward , R ball behind L , 1/4 turn Left step L Forward (03.00)

S3. FORWARD MAMBO - COASTER STEP - CROSS SHUFFLE SYNCOPATE

1&2 Step R forward , R in the place , R back
3&4 L back , R close beside L , L forward
5&6& R cross over L , L to side , R over L , L to side
7&8 R over L , L to side , R over L (weight on R)

S4. 1/4 TURN LEFT SYNCOPATE TOE STRUT (L-F) - SIDE MAMBO - SYNCOPATE TOE STRUT (R-L) - FORWARD 1/2 TURN LEFT

1&2& 1/4 turn left Step L touch forward , L close beside R , R touch forward , R close beside L
3&4 L to side , R in the place , L close beside R
5&6& R touch forward , R close beside L , L touch forward , L close beside R
7 8 R forward , 1/2 turn left step L in the place (weight on L)

TAG 4C (JAZZBOX)

1 4 Step R cross over L , L back , R to side , L over R (with shimmy)

TAG 8C (JAZZBOX - SIDE MAMBO)

1 4 Step R cross over L , L back , R to side , L over R (with shimmy)
5&6 R to side , L in the place , R close beside L
7&8 L to side , R in the place , L close beside R