

My Small Town

COPPER **KNOB**
BY STEPHENETS

拍數: 32 牆數: 2 級數: Improver
編舞者: Sylvie CARNOY (FR) - 16 May 2024
音樂: KEEPIN IT COUNTRY - James Johnston



start 2 x 8 temps - 1 restart & 1 tag / restart

SECTION 1 - WIZZARD STEP x2, VAUDEVILLE x2

1 – 2& WIZZARD : step RF fwd diagonaly, LF next to RF, step RF fwd
3 – 4& WIZZARD : step LF fwd diagonaly, RF next ot LF, step LF fwd
5&6& VAUDEVILLE : cross RF in front of LF, LF to the left, R heel diagonaly right, RF next to LF
7&8& VAUDEVILLE : cross LF in front of RF, RF to the right, L heel diagonlay left, LF next to RF

SECTION 2 - HEEL SWITCHES, POINT – ½ TURN L, R ½ RUMBA, L SIDE, R TOUCH

1&2 HEEL SWITCHES :R heel diagonaly right, RF next to LF, L heel diagonaly left
3 - 4 POINT – ½ TURN : L point G behind RF, pivot ½ turn left 6 :00
5&6 ½ RUMBA : RF to the right, LF next to RF, step RF fwd
7 – 8 SIDE – TOUCH : large step LF to the left, R touch *

**** restart on the 3ème wall and tag / restart on the 7ème mur**

SECTION 3 - MAMBO, BACK (x2), COASTER STEP, STEP FORWARD (x2)

1&2 MAMBO : step RF fwd, recover LF, back step RF
3 – 4 BACK : back step LF, back step RF
5&6 COASTER STEP : back step LF, back step RF, step RF fwd
7 – 8 STEP : step RF fwd, step LF fwd

SECTION 4 - (TOE – HEEL - STOMP FORWARD, SCISSOR CROSS) x 2

1&2 TOE – HEEL – STOMP : R point fwd knee to the inside, R heel fwd, cross stomp RF in front LF
3&4 SCISSOR CROSS : LF to the left, RF next to LF, cross LF in front RF
5&6 TOE – HEEL – STOMP : R point fwd knee to the inside, R heel fwd, cross stomp RF in front LF
7&8 SCISSOR CROSS : LF to the left, RF next to LF, cross LF in front RF

***RESTART : it takes place on the 3rd wall after 16 counts, we start it facing 12 :00, restart facing 6 :00**

****TAG / RESTART :**

It takes place on the 7th wall after 16 counts, starting at 12 :00, tag at 6 :00, restart at 12 :00

TAG : add the following 16 counts :

STOMP – UP, HEEL BOUNCES ¼ TURN L (x2)

1 – 2 STOMP - UP : stomp - up RF fwd, HEEL BOUNCES ¼ TURN : start the ¼ turn by raising and lowering the heels
3 – 4 HEEL BOUNCES ¼ TURN : raise and lower the heels, continuing the ¼ turn to the left (body weight left foot) 3 :00
5 – 6 STOMP – UP : stomp - up RF fwd, HEEL BOUNCES ¼ TURN : start the ¼ turn by raising and lowering the heels
7 – 8 HEEL BOUNCES ¼ TURN : : raise and lower the heels, continuing the ¼ turn to the left (body weight left foot) 12 :00

Style option : guitar air movement with your arms on the heel bounces

JAZZ BOX, SCUFF, JAZZ BOX, SCUFF

1 – 3 JAZZ BOX : cross RF in front LF, back step LF, RF to the right
4 SCUFF : rub the left heel forward

5 – 7 JAZZ BOX : cross LF in front RF, back step RF, LF to the left
8 SCUFF : rub the right heel forward

Start from the beginning

Good luck , good dance !

RF : right foot - LF : left foot

Only the choreographer's original dance form is authentic.

Contact :

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<https://www.leacountrydance.fr/>

<https://www.youtube.com/channel/UC4AkjfN85X6WbYKOg2XWkrA>

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