Unwritten



拍數: 32 牆數: 4 級數: Improver

編舞者: Tommy G. Parker (USA) & Cristi Ann Millard (USA) - June 2024

音樂: Unwritten - Natasha Bedingfield



#16 count intro (dance begins on lyrics, approx. 12 secs. into track).

**2 Sixteen-Count Tags (same tag, happens twice — once after the 3rd wall and again after the 7th wall)

*1 Six-Count Tag (after the 8th wall)

NO RESTARTS

5 & 6

7 & 8

[1 – 8] (12:00) RF STEP BACK/LF BACK-PONY, LF STEP BACK/RF BACK-PONY, RF STEP BACK/LF BACK-PONY, LF ROCK AND CROSS with 1/4 TURN RIGHT (CW) — (3:00)

1 & 2	RF step back [1], LF pony backward [&], weight back on RF [2] — 12:00
3 & 4	LF step back [3], RF pony backward [&], weight back on LF [4] — 12:00
5 & 6	RF step back again [5], LF pony backward [&], weight back on RF [6] — 12:00

7 & 8 LF rock to the left [7], RF recover [&], LF cross over RF with a ¼ turn right (cw) [8] — 3:00

[9 – 16] (3:00) RF STEP FORWARD/RIGHT HIP BUMP, LF STEP FORWARD/LEFT HIP BUMP, RF STEP FORWARD/LEFT ½ PIVOT (CCW), LF STEP FORWARD, RF STEP FORWARD/LEFT ½ PIVOT (CCW), LF STEP FORWARD (3:00)

SIEF FORWARD (5.00)				
1 & 2	Point right toe forward/push right hip forward [1], weight back on LF/pull hip back [&], RF step			
	forward [2] — 3:00			

3 & 4 Point left toe forward/push left hip forward [3], weight back on RF/pull hip back [&], LF step forward [4] — 3:00

RF step forward [5], pivot ½ turn left (ccw) [&], LF step forward [6] — 6:00 RF step forward [7], pivot ½ turn left (ccw) [&], LF step forward [8] — 3:00

[17 -24] (3:00) SLOW JAZZ BOX (RF over LF) with ¼ TURN RIGHT (CW) — (6:00)

1, 2	RF cross over LF [1], hold [2] — 3:00
3, 4	LF step next to RF [3], hold [4] — 3:00

5, 6 RF step back with ½ turn right (cw) [5], hold [6] — 6:00

7, 8 LF cross over RF [7], hold [8] — 6:00

[25-32] (6:00) FAST JAZZ BOX with 1/4 TURN RIGHT, RF STEP RIGHT SIDE, LF CROSS BEHIND RF, RF NEXT TO LF, LF HEELBALL-CHANGE, RF STEP NEXT TO LF — (9:00)

1, 2	RF cross over LF	[1], LF step r	next to RF [2] — 6:00
------	------------------	----------------	-----------------------

3, 4 RF step back with ½ turn right (cw) [3], LF cross over RF [4] — 9:00

5, 6 RF step right [5], LF cross behind RF [6] — 9:00

7 & 8 RF hop next to LF, touching left heel to the left side [7], hop back on LF [&], bring RF next to

LF [8] — 9:00

Restart next wall (or tag).

FIRST & SECOND (16-COUNT) TAG:

*1ST TAG after 3rd wall (facing 3:00); 2ND TAG after 7th wall (facing 6:00).

[1 – 16] RF ROCK RIGHT/RECOVER, WEAVE LEFT, HOLD (SNAP), WEAVE LEFT AGAIN, LF ROCK LEFT/RECOVER, FEET TOGETHER, KNEE POP, RF CROSS OVER LF/UNWIND

1 & 2	RE rock to the right [1], re	cover [2]
		_

3 & 4 RF cross behind LF [3], LF step next to RF [&], RF cross in front of LF [4]

5 & 6 LF step next to RF [5], hold [6]

7 & 8 RF cross behind LF [7], LF step next to RF [&], RF cross in front of LF [8]

9 & 10 LF rock to the left [1], recover [2]

11 & 12 LF step next to RF [3], lift heels, pop knees forward [&], lower heels, straighten knees [4]

13 & 14 RF cross in front of LF [5], "unwind" legs ½ pivot left (ccw) [6]

15 & 16 Roll/swivel/shake hips twice [7 & 8]

After 1st tag, restart 4th wall (facing 6:00). After 2nd tag, restart 8th wall (facing 12:00).

* * *

THIRD (6-COUNT) TAG:

After 8th wall (facing 9:00).

[1 – 6] STRIKE A POSE/FREEZE, TRICKLE FINGERS DOWN FACE AND/OR BODY — (END 9:00)

[1, 2, 3, 4] Strike a dramatic pose [1], hold [2, 3, 4]

[5, 6] Trickle fingers [5, 6]

After 3rd tag, restart 9th wall (still facing 9:00)

Last Update: 9 Jun 2024