Swag 2024



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音樂: Swag - Miyauchi



S#1 WALK FORWARD RL - OUT OUT - IN - CROSS SHUFFLE - SIDE - 1/4 TURN LEFT SAILOR STEP FORWARD

1-2& Step R forward, Step L forward, Step R to right

3&4& Step L to left, Step R back to centre, Cross L over R, Step R together

5-6 Cross L over R, Step R to side

7&8 1/4 Turn left Step L with sweep behind R (09.00), step R to side, Step L forward

S#2 SKATE RL - CHASSE - KNEE IN LR - BRUSH - TOUCH

1-2 Step R up in pushing your body to diagonal right, Step L up in pushing your body to diagonal

left

3&4 Step R to side, Close L together, Step R to side

5&6 L knee in, step L in place, R knee in 7-8 R Brush, Touch R point forward

S#3 ANCHOR STEP FORWARD - PONYTAIL - 1/2 TO RIGHT BACK UNWIND - MONTEREY - HITCH

1&2 Step R forward, Recover on L, Recover on R

3&4 Step L backward, Step R in place, Recover on L with hitch R

5-6 Cross R behind L, Unwind on ball of feet and 1/2 turn right weight on R (facing 03.00)

7&8& Touch L to side, Close L together, Touch R to side, Hitch R

S#4 CROSS TOUCH BEHIND - HITCH - SIDE - HITCH - CROSS TOUCH BEHIND - HITCH - SIDE - KICK - HITCH - SIDE - SWIVEL TOE HEEL IN - JUMP

1&2& Cross touch R behind L, Hitch R, Step R to side, Hitch L

3&4 Cross touch L behind R, Hitch L, Step L to side

5&6 Kick R, Hitch R, Step R to side

7&8 Both Toes in, Both heels in, Jump both feet