

Going MIA

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 4 級數: Improver
編舞者: Helaine Norman (USA) - June 2024
音樂: MIA Down In MIA - George Strait



INTRO: 16 - Restarts: 1, No tags

I. SCISSOR, KICK BALL CROSS; SIDE, TOUCH, KICK BALL CHANGE

1&2 Rock R side, recover to L, step R over
3&4 Kick L side, step L, step R over
5-6 Step L side, touch R together
7&8 Kick R forward, step on R ball, step L in place

II. FORWARD-ROCK, RECOVER, ½ R-TURN SHUFFLE; ½ R-TURN PIVOT, SHUFFLE

1-2 Rock R forward, recover to L
3&4 Making 1/4 turn right step side (3:00), step L together, making ¼ turn right step R forward (6:00)
5-6 Making ½ turn right step L forward (12:00), weight to R
7&8 Step L forward, step R together, step L forward
• Restart here during wall 7 facing 6:00

III. ¼ R-TURN JAZZ BOX; KICK BALL SIDE-POINT, TOGETHER, SIDE-POINT, TOUCH

1-4 Step R over, step L back, making ¼ turn right step R side, step L forward
5&6 Kick R forward, step R in place, point L side
&7-8 Step L together (&), point R side (7), touch R together (8)

IV. BACK-ROCK, RECOVER, SHUFFLE; ROCK HIPS LRL, TOUCH

1-2 Rock R back, recover to L
3&4 Step R forward, step L together, step R forward
5-8 Rock hips to the side L R L, touch R together

REPEAT

RESTART: During wall 7 facing 6:00 after 16 counts.

END: Facing 12:00 after 12 counts (1-2 3&4 of Section II). Step L forward on count 4 for pose.

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