

Disco Inferno

COPPERKNOB
STEP SHEETS

拍數: 48 牆數: 4 級數: Phrased Beginner / Improver
編舞者: Sue Wellesley-Davies (NZ) & Kirston Cox (NZ) - June 2024
音樂: Disco Inferno (Glee Cast Version) - Glee Cast



CHECK OUT THE DEMO VIDEO – MUCH EASIER THAN THE STEP SHEET INDICATES!

Start the dance after 32 counts – styling in italics below.

DANCE SEQUENCE – A A A A B B A A B B A A B TAG B B A A A A – turn to the front to finish

PART A – 16 counts (4 walls)

SECTION 1 – POINT FINGERS IN HALF CIRCLE (FRONT TO SIDE) R THEN L

- 1-4 Point R finger forward making a half circle to the R side
5-8 Point L finger forward making a half circle to the L side

SECTION 2 – POINT FINGERS UP, DOWN, SIDE THEN BACK TO CENTRE R THEN L

- 1-4 Point R finger up, bring down to R shoulder, point R finger to R side, bring back in to R side
(look up then R with the hand movements)
5-8 Point L finger up, bring down to L shoulder, point L finger to L side, bring back in to L side
(look up then L with the hand movements) – see note below

NOTE: Make a ¼ JUMP TURNING R when moving on to the beginning of the next A section which will become part of 1 in Section 1 for Walls 1, 2, 3, 7, 11, 16, 17, 18 (underlined above). For the remaining Part As, make a quarter turn R when starting Part B so that Part B is only done 12.00 and 6.00.

PART B – 32 counts (2 walls)

SECTION 1 – WALK FWD (R, L, R), POINT L, WALK BACK (L, R, L), TOUCH R

- 1-4 Step R forward, step L forward, step R forward, point L to L side (point fingers down to L)
5-8 Step L back, step R back, step L back, touch R beside L

SECTION 2 – DOUBLE HIP BUMPS (R,R,L,L), TWIST HEELS LEFT AND CENTRE X 2

- 1-4 Step R to R side bumping hips to R side twice, change weight to L and bumping hips to L side twice (disco arm roll in front of body, R side then L side with the hip movements)
5-6 Twist both heels to L, bring both heels back to centre, repeat (point R finger up on R diagonal while pointing L down to L diagonal, bring in to centre and repeat)

SECTION 3 – V STEPS TURNING ¼ R X 2

- 1-4 Step R forward on R diagonal, step L forward on L diagonal, step R back bring back turning a quarter over R shoulder, step L beside R (clap hands when finishing the V) (facing 3.00)
5-8 Repeat above (facing 6.00)

SECTION 4 – STEP R, TOUCH L BEHIND R, STEP L, TOUCH R X 2

- 1-4 Step R to R side, touch L behind R, step L to L side, touch R beside L (circle hands anti-clockwise and point fingers down to R diagonal)
5-8 Repeat above

TAG at the end of Wall 13 (facing 6.00) – make a star with hands

- 1-4 Lift R hand up and towards R diagonal, lift L hand up and towards L, move R hand down and towards R diagonal, move L hand down and towards L diagonal

Contact:

countryheartbeatdance@xtra.co.nz or suewd@xtra.co.nz
downtowncountrylinedance@gmail.com or kirst1975@hotmail.com

