

Breaking My Heart

COPPER KNOB
STEPSHEETS

拍數: 48 牆數: 4 級數: Intermediate
編舞者: Lee Hamilton (SCO) & Heather Barton (SCO) - June 2024
音樂: Breaking My Heart - Mitchell Tenpenny : (iTunes & Amazon)



Intro: 16 Counts (approx. 11s)

Section 1 [1-8] Side R, Drag and Step L to Diag, Rock Back R, Recover, Diag R Lock Fwd, 1/8 R, 1/4 R

12 Step R to R side (1), Drag L towards R then step it down next to R angling body towards R diagonal (2) 1:30
34 Staying on diagonal rock back on R (3), Recover on L (4)
5&6 Step fwd on R (5), Lock L behind R (&), Step fwd on R (6)
78 Make 1/8 turn R stepping L to L side (7), Make 1/4 turn R stepping R to R side (8) 6:00

Section 2 [9-16] Cross L, Side R, Behind-Side-Cross, Side R, Hold, Ball Side, Step With Flick

12 Cross step L over R (1), Step R to R side (2)
3&4 Step L behind R (3), Step R to R side (&), Cross step L over R (4)
56 Step R to R side (5), Hold (6)
&78 Step ball of L next to R (&), Step R to R side (7), Step L next to R and flick R out to R side (8) 6:00

Section 3 [17-24] Cross R, 1/4 R, Shuffle 1/2 Turn R, Walk L, Walk R, L Anchor Step

12 Cross step R over L (1), Make 1/4 turn R stepping back on L (2) 9:00
3&4 Make 1/2 turn R stepping fwd on R (3), Step L next to R (&), Step fwd on R (4) 3:00
56 Walk fwd L (5), Walk fwd R (6)
7&8 Step L behind R and rock back (7), Recover on R (&), Rock back on L (8)

Section 4 [25-32] Step R 1/4 R, Point L, 1/4 L, Sweep 1/2 L, Step R, Touch L & R Heel, Ball Step

12 Make 1/4 turn R stepping R to R side (1), Point L to L side (2) 6:00
3 Make 1/4 turn L transferring weight on to L (3) 3:00
4 Keeping weight on L sweep R around making 1/2 turn L (4) 9:00
56 Step fwd on R (5), Touch L toe behind R (6)
&7 Step back on L (&), Touch R heel fwd (7)
&8 Step ball of R next to L (&), Step fwd on L (8) 9:00

RESTART - here after count 32 on WALL 3 (facing 9:00)

Section 5 [33-40] Step R, 1/4 R, R Sailor, Cross L, Side R, L Behind-Side-Cross

12 Step fwd on R (1), Make 1/4 turn R stepping L to L side (2) 12:00
3&4 Step R behind L (3), Step L to L side (&), Step R to R side (4)

[Turning option for S5 counts 1-4: Step R, 1/2 Turn R, Shuffle 3/4 Turn R Step fwd on R (1), Make 1/2 turn R stepping back on L (2), Make 1/2 turn R stepping fwd on R (3), Make 1/4 turn R stepping L to L side (&), Step R to R side (4)]

56 Cross step L over R (5), Step R to R side (6)
7&8 Step L behind R (7), Step R to R side (&), Cross step L over R (8) 12:00

Section 6 [41-48] R Side Rock, Recover, Cross R, 1/4 R, Side R, Hold, Ball Side, Step L With Knee Pop

12 Rock R out to R side (1), Recover on L (2)
34 Cross step R over L (3), Make 1/4 turn R stepping back on L (4) 3:00
56 Step R to R side (5), Hold (6)
&78 Step ball of L next to R (&), Step R to R side (7), Step L next to R and pop R knee (8) 9:00

TAG (8 counts) – done at the end of Wall 6 facing 12:00
Side R, Drag and Step L to Diag, Rock Back R, Recover

- 12 Step R to R side (1), Drag L towards R then step it down next to R angling body towards R diagonal (2) 1:30
- 34 Staying on diagonal rock back on R (3), Recover on L (4)
- 56 Still on the diagonal step fwd on R (5), Make ½ turn L (weight on L) (6)
- 78 Still on the diagonal step fwd on R (7), Make ½ turn L (weight on L) (8)

Straighten up to 12:00 to start the dance again

Have fun!

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