Sex, Linedance & Rock'n'Roll

級數: Improver

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音樂: Rock N Roll - Avril Lavigne

intro a	e counts	

拍數: 32

Section 1: Walk, Walk, Cucaracha, walk, walk, step turn, cross

- 1, 2 RF walk fwd, LF walk fwd,
- 3 & 4 RF side rock, LF in place, RF fwd
- 5, 6 LF walk fwd, RF walk fwd
- 7 & 8 LF fwd turn ¼ right (3:00), recover onto RF, LF cross over RF

Section 2: Turn, turn, sailor turn, walk, walk, point, close, point

- 1, 2 RF side turning left, LF fwd turning left; end facing 6:00
- 3 & 4 RF side continue turning left, LF close next to RF, RF fwd; end facing 12:00
- 5, 6 LF walk fwd, RF walk fwd
- 7 & 8 LF point to left side, LF close next to RF, RF point to right side

Restart here at Wall 4, 6 and 9. At Wall 9 do a Tag with 2 counts hold.

Section 3: Cross, side, Sailor with Heel, Ball Cross, side, weave

- 1, 2 Cross RF over LF, LF to left side
- 3 & 4 RF behind LF, LF close to RF, dig RF Heel diagonal right
- & 5, 6 RF next to LF, cross LF over RF, RF to right side
- 7 & 8 & LF cross behind RF, RF to right side, LF cross over RF, RF to right side

Section 4: Rock step, shuffle turn, shuffle fwd, step, scuff

- 1, 2 LF rock behind, recover onto RF
- 3 & 4 LF to left side turning right, RF next to LF turning right, LF fwd turning right; end facing 9:00
- 5 & 6 RF fwd, LF close to RF, RF fwd
- 7, 8 LF walk fwd, RF scuff next to LF

Start from Beginning! Have fun and Rock'n'Roll

Restart 1 at Wall 4 after 16 counts; Restart 2 at Wall 6; Restart 3 at Wall 9 after 16 count do a Tag with 2 counts.





牆鷜

牆數:4