

Cold Heart Disco

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Absolute Beginner / Beginner
編舞者: Helaine Norman (USA) - June 2024
音樂: Cold Heart (PNAU Remix) - Elton John & Dua Lipa



INTRO: 16 - No tags or restarts

I. DISCO WALK

1-4 Walk forward RLR, point L side
5-8 Walk back LRL, point R side

II. WEAWE WITH POINT; REVERSE WEAWE WITH POINT

1-4 Step R over, step L side, step R behind, point L side
5-8 Step L behind, step R side, step L over, point R side

III. CROSS POINT, CROSS POINT; JAZZ BOX ¼ R-TURN

1-4 Step R over, point L side, step L over, point R side
5-8 Step R over, step L back, step R side making ¼ turn right, step L forward (slightly)

IV. V STEP; DISCO POINTS

1-2 Step R forward diagonally, step L forward diagonally
3-4 Step R center, step L together
5 Point R index finger up to right diagonal while moving R hip to right diagonal- weight to R
6 Move R index finger across body and down to left diagonal while moving L hip to left diagonal
 – weight to L
7-8 Repeat 1-2

REPEAT

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