

It's My LIFE , I'm SORRY !

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 4 級數: Improver
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音樂: It's My Life (don't Worry) (feat. Dr. Alban) - Chawki



Starts from 72 counts

Section 1: Walk (R-L) - Forward shuffle - Rock Fwd - Turn 1/4 left chasse

1-2 Step R forward, Step L forward
3&4 Step R forward, Step L beside R, Step R forward
5-6 Rock L forward, Recover on R
7&8 Chasse 1/4 turn left stepping Left, Right, Left (9.00)

->Restart here during wall 5

Section 2: Cross - Side - Turn 1/4 right sailor - Forward - Hold - Ball Step - Forward - Pivot 1/4 right

12 Cross R over L, Step L side with sweep R from front to back
3&4 Turn 1/4 right step R backward, Close L beside R, Step R forward (12.00)
5-6& Step L Forward, Hold, Step ball of R beside L
7-8 Step L forward , Turn 1/4 right recover on R (3.00)

->Restart here in wall 3 (facing 6.00) , wall 8 (facing to 6.00)

->Change step :

7-8 Step L Forward , Touch R beside L

Section 3: Weave - Point - Cross - Side - Turn 1/8 right coaster step

1-2 Cross L over R, Step R side
3-4 Cross L behind R, Touch R to side
5-6 Cross R over L, Step L side
7&8 Turn 1/8 right step R backward , Close L beside R , Step R forward (4.30)

Section 4: Fwd - Hitch - Back - Hook - Turn 1/8 left Forward - Lock - Turn 1/2 left Lock Shuffle

1-2 Step L forward, Hitch R
3-4 Step R backward, Hook L
5-6 Turn 1/8 left step L forward (3.00) , Lock R behind L
7&8 Turn 1/4 left step L forward (12.00), Lock R behind L, Turn 1/4 left step L forward (9.00).

TAG: After wall 9 (face to 3.00) , wall 11 (face to 9.00)

V step

1-2 Step R forward diagonal right (out), Step L forward diagonal left (out)
3-4 Step R backward to center , Step L backward to center

RESTARTS:-

wall 5 – after 8 counts (facing 12.00)

wall 3 (facing 6.00) , wall 8 (facing to 6.00) – after 16 counts , and there's a change step in count below :

7-8 Step L Forward , Touch R beside L

Ending :

Wall 13 (facing 6.00) - Section 4 : Turn 3/4 left (Forward - Lock - Lock Shuffle)

5-6-7&8 Turn 3/4 left (12.00)

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