

Before You Leave Me

COPPER **KNOB**
STEPSHEETS

拍數: 64 牆數: 2 級數: Intermediate
編舞者: Jef Camps (BEL) & Grace David (KOR) - May 2024
音樂: Before You Leave Me - Alex Warren



Intro: 16 Counts

Seq: 48, 64, 48, 64, 40, 64

SEC 1: R CHASSE, CROSS ROCK-RECOVER, ROLLING VINE WITH CROSS

1&2 Step RF on R side, Step LF next to RF on ball, Step RF on R side
3 4 Rock LF over RF, Recover on RF
5 6 Turn 1/4 to L stepping LF Fwd, Turn 1/2 to L stepping RF back (3:00)
7 8 Turn 1/4 to L stepping LF on L side, Cross RF over LF (12:00)

SEC 2: L CHASSE, BEHIND, SIDE, CROSS POINT 2X

1&2 Step LF on L side, Step RF next to LF on ball, Step LF on L side
3 4 Step RF behind LF, Step LF on L side
5 6 Cross RF over LF, Point LF on L side
7 8 Cross LF over RF, Point RF on R side

SEC 3: 1/4 SAILOR STEP, L FULL TURN, BACK, BACK, COASTER CROSS

1&2 Turn 1/4 to R stepping RF back, Step LF next to RF, Step RF Fwd (3:00)
3 4 Turn 1/2 to L stepping LF Fwd, Turn 1/2 to L stepping RF back
5 6 Step LF back, Step RF back
7&8 Step LF back, Step RF next to LF, Cross LF over RF

SEC 4: R CHASSE, 1/4 TO L CHASSE, JAZZBOX

1&2 Step RF on R side, Step LF next to RF on ball, Step RF on R side
3&4 Turn 1/4 to L stepping LF on L side, Step RF next to LF on ball, Step LF on L side(12:00)
5 6 Cross RF over LF, Step LF back
7 8 Step RF on R side, Cross LF over RF

SEC 5: R DOROTHY STEP, L DOROTHY STEP, 1/2 PIVOT TO L, FULL TURN TO L

12& Step RF on R diagonal, Step LF behind RF on ball, Step RF on R diagonal
34& Step LF on L diagonal, Step RF behind LF on ball, Step LF on L diagonal
5 6 Step RF Fwd, Turn 1/2 to L stepping LF Fwd (6:00)
7 8 Turn 1/2 to L stepping RF back, Turn 1/2 to L stepping LF Fwd

SEC 6: 1/4 SIDE ROCK-RECOVER, TOGETHER, L SIDE ROCK-RECOVER, FWD ROCK, RECOVER, 3/4 TURN TO R

12& Turn 1/4 to L rocking RF on R side, Recover on LF, Step RF next to LF (3:00)
34& Rock LF on L side, Recover on RF, Step LF next to RF
5 6 Rock RF Fwd, Recover on LF
7 8 Turn 1/2 to R stepping RF Fwd, Turn 1/4 to R stepping LF on L side (12:00)

SEC 7: SAILOR STEP, 1/4 SAILOR STEP, KICK BALL STEP, FWD ROCK-RECOVER, TOGETHER

1&2 Step RF behind LF, Step LF next to RF, Step RF on R side
3&4 Turn 1/4 to L stepping LF behind RF, Step RF next to LF, Step LF on L side
5&6 Kick RF Fwd, Step RF next to LF on ball, Step LF Fwd
7&8 Rock RF Fwd, Recover on LF, Step RF next to LF on ball

SEC 8: POINT L, HOLD, 1/4, POINT R, HOLD, TOGETHER, SIDE ROCK-RECOVER, BEHIND, SIDE, CROSS

12& Point LF on L side, Hold, Turn 1/4 to L stepping LF next to RF
34& Point RF on R side, Hold, Step RF next to LF
5 6 Rock LF on L side, Recover on RF
7&8 Step LF behind RF, Step RF on R side, Cross LF over RF

Restarts:

On 1st Wall, after 48C Turn 1/2 to R before the restart facing 6:00

On 3rd Wall, after 48C Turn 1/2 to R before the restart facing 6:00

On 5th Wall, after 40C restart facing 6:00

Contacts:

Jef Camps - info@littlejeff.be

Grace David - poshtroy2010@hanmail.net
