Do Your Thing

COPPER KNOB

拍數: 32

牆數:4

級數: Intermediate

編舞者: Kaitlyn McGuire (USA) & Austin Ganzer (USA) - May 2024 音樂: Level Up - C.U.T.

DANCE BEGINS 32 COUNTS INTO THE SONG

[1-8] HOP FRONT, BODY ROLL, CROSSING BALL CHANGE x2, ROCK RECOVER, ¼ HITCH 9:00, ½ DRAG 3:00, HITCH

- 1, 2 Hop front on both feet, Reverse body roll from hips to shoulders.
- &, 3, &, 4 Step R to R side, Cross L over R, Step R to R side, cross L over R
- 5, &, 6 Rock R to R side, Recover on L, Hitch R foot with 1/4 turn to face 9:00
- 7, 8 Step on R foot and drag L foot around with ½ turn to face 3:00, Step back on L and hitch R

[9-16] KICK BALL CHANGE, WALK x2, STEP OUT R, L, DRAG IN AND OUT, HIP BUMP x2

- 1, &, 2 Kick R front, Step back R, Recover L
- 3, 4 Walk R, Walk L
- &, 5, &, 6 Step R to right side, Step L to left side, Drag R foot in to L, Return R to right side
- 7, &, 8 Weight in L foot bounce L hip down, Lift L hip up, Bounce L hip down

[17-24] ¼ DRAG 12:00, COASTER STEP, ½ PIVOT x2 12:00

- 1, 2 Transfer weight to R foot and drag L foot around with ¼ turn to 12:00
- 3, &, 4 Step back L, Step back R beside L, Step forward L
- 5, 6, 7, 8 Step R forward, Turn pivot over L shoulder to 6:00, Step R forward, Turn pivot over L shoulder to 12:00

[25-32] STEP, BOOTY AROUND, SIT, KICK STEP CROSS, HOLD, ½ UNWIND 9:00

- 1 Step forward on R
- 2, 3 Step forward L with ¼ turn to face 3:00, Booty circle around from R to L
- 4 Sit into L hip with weight in L foot
- 5, &, 6 Kick R foot to R side, Step R to R side, Step cross L over R foot
- 7 Hold
- 8 Unwind over R shoulder to face 9:00

