

Hello but Hell No!

拍數: 32 牆數: 4 級數: Improver
編舞者: Daniel Exton (UK) - May 2024
音樂: Nothin' On You (feat. Bruno Mars) - B.o.B



S1: Shuffle, Rock, Recover, Shuffle Back, Kick, Step

1&2 Shuffle forward Right-Left-Right
3, 4 Rock forward on Left foot, Recover onto Right
5&6 Shuffle back Left-Right-Left
7, 8 Kick Right foot out, Step Right next to Left

S2: Twist x4, Box Forward, Shuffle Back ¼

1, 2 Twist heels to Right, Twist toes to Right
3, 4 Twist heels to Right, Twist toes to Right (Weight on L)
5, 6 Right to Right side, Left next to Right, Right foot forward
7&8 Left foot back with ¼ turn Right, Right next to Left, Left foot back

S3: Coaster, Walk x2, Mambo, ¼ Side, Touch

1&2 Right foot back, Left foot back, Right foot forward
3, 4 Walk forward Left, Right
5&6 Left foot forward, Right foot forward, Left foot back
7, 8 Right to Right side with ¼ turn Right, Touch Left next to Right

S4: Side-Touch-Side, Kick, Behind and Cross, Box Forward, Back 1/4, Touch

1&2& Left to Left side, Right touch next to Left, Right to Right side, Kick Left out
3&4 Left behind Right, Right to Right side, Left Cross over Right
5&6 Right to Right side, Left next to Right, Right foot forward
7, 8 Left foot back with ¼ turn Right, Touch Right next to Left
