

Man Li Cha Cha (蔓莉恰恰)

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: High Beginner
編舞者: Molly Yeoh (MY) - May 2024
音樂: Man Li (蔓莉) - Gean Lim (林必嫻)



*One Restart on W9 after 16c, face 6:00

INTRO DANCE: 32C

SECTION 1 RIGHT STEP, CLOSED (FREE HAND STYLING)

1 - 8 Step To Right 7c, Close Back @8 (Open Hands, Optional)

SECTION 2 R, L SIDE ROCK RECOVER- TRIPPLE STEPS

1 2 3&4 R Side Rock Rf Recover On Lf, Step Rlr On The Spot
5 6 7&8 L Side Rock Lf Recover On Rf, Step Lrl On The Spot

SECTION 3 FWD, BACK ROCK RECOVER - TRIPPLE STEPS

1 2 3&4 R Fwd Rock Recover On Lf, Tripple Step Rlr On The Spot
5 6 7&8 L Rock Back Recover On Rf, Tripple Step Lrl On The Spot

SECTION 4 (REPEAT 重复SECTION 2)

MAIN DANCE

SECTION 1 R FWD ROCK RECOVER- TRIPPLE STEPS, L FWD ROCK RECOVER - TRIPPLE STEPS

1 2 3&4 Rock Fwd Rf Recover Lf, Step Rlr On The Spot
5 6 7&8 Rock Fwd Lf Recover Rf, Step Lrl On The Spot

SECTION 2 WALK X 2 - SHUFFLE FWD, FWD, SAILOR ½ L TURN

1 2 3&4 Walk Fwd Rf Then Lf, Rf Step Fwd, Lf Step Beside Rf, Rf Step Fwd
5 6 7&8 Lf Step Fwd, Recover Rf, ½ L Turn, Lf Step Back, Rf Step Beside Lf, Lf Step Fwd

***W 9 RESTART HERE!**

SECTION 3 CROSS STEP- SIDE STEP - SAILOR ¼ R TURN, FWD STEP, ½ L TURN, BACK STEP, SAILOR STEP

1 2 3&4 Rf Cross Over, Lf Step To L Side, ¼ R Turn, Rf Step Back, Lf Step Beside Rf, Rf Step Fwd
(ENDING ¼ L TURN, LF STEP TO L SIDE, FACE 12:00!)
5 6 7&8 Lf Step Fwd, 1/2 L Turn, Rf Step Back, Lf Step Back Rf Step Beside Lf, Lf Step Fwd

SECTION 4 LOCKED STEP, SHUFFLE FWD, PIVOT ½ L TURN, SHUFFLE FWD

1 2 3&4 Rf Fwd, Lf Locked Behind Rf, Rf Step Fwd, Lf Step Beside Rf, Rf Step Fwd
5 6 7&8 Rock Lf Fwd Recover On Rf, ½ L Turn, Lf Step Fwd, Rf Step Beside Lf, Lf Step Fwd

Thank you, happy dancing!

Email: suanyeah@hotmail.com

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