

# Scan and Copy

拍數: 32                      牆數: 4                      級數: Improver  
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音樂: SCAN AND COPY - BRONZE AVERY



**NOTE: Intro 16 counts - No Tag No Restart**

## **S1# WALK FWD – KICK BALL SIDE TOUCH – WITH SIDE BODY WAVE MAKE A SIDE TOGETHER SIDE WITH CLOSE TOUCH**

1, 2                      step RF fwd, step LF fwd  
3&4                      kick RF fwd, close RF next to LF, toe touch LF to side  
5, 6                      with side body wave transfer weight to LF, close RF next to LF  
7, 8                      with side body wave step LF to side, close touch RF next to LF

## **S2# SIDE ROCK – BEHIND SIDE CROSS – SIDE – ¼ L RECOVER – COASTER STEPS**

1, 2                      step RF to side, recover on LF  
3&4                      cross RF behind LF, step LF to side, cross RF over LF  
5, 6                      step LF to side, ¼ turn Left recover on RF  
7&8                      step LF back, close Rf next to LF, step LF fwd

## **S3# SWITCHED SIDE TOUCH – TOE TOUCH FWD WITH HIP (UP – DOWN – UP) – BACK ROCK – LOCK SHUFFLE BACK**

1&2&                      toe touch RF to side, close RF next to LF, toe touch LF to side, close LF next to RF  
3&4                      toe touch RF fwd with hip up, down, up  
5, 6                      step RF back, recover on LF  
7&8                      step RF back, lock LF in front of RF, step RF back

## **S4# BACK ROCK – LOCK SHUFFLE FWD – ½ PIVOT – ½ PIVOT**

1, 2                      step LF back, recover on RF  
3&4                      step LF fwd, lock RF behind Lf, step LF fwd  
5, 6                      step RF fwd, ½ turn Left weight on LF  
7, 8                      step RF fwd, ½ turn Left weight on LF

**REPEAT from the start**

**Let's Get Sweaty, Healthy and Happy!**

**Best Regards**  
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