

I Just Add You

拍數: 32 牆數: 4
編舞者: Maggie Shipley (USA) - May 2024
音樂: Just Add You - Todd Cameron

級數: Absolute Beginner



No tags, no restarts!

Intro: 16 counts after heavy beat (approx. 15 seconds in)

Vine R with a Touch (or hitch), Hip Bumps LL, RR

1, 2, 3, 4 Step RF to R side, Step LF behind R, Step RF to R Side, Touch LF next to R (or hitch for styling).

5, 6, 7, 8 Step LF slightly to L side while Bumping hips L, Bump hips L, Bump hips R, Bump hips R

Vine L 1/4 Turn with a Touch (or hitch), Hip Bumps RR, LL

1, 2, 3, 4 Step LF to L side, Step RF behind L, Step LF to L side while making 1/4 turn over your L shoulder, Touch RF next to L (or hitch for styling).

5, 6, 7, 8 Step RF slightly to R side while Bumping hips R, Bump hips R, Bump hips L, Bump hips L

R Forward Diagonal, L Together, Heel Split, L Forward Diagonal, R Together, Heel Split

1, 2, 3, 4 Step RF forward to R diagonal, Drag LF next to R, Split heels out, Bring heels in.

5, 6, 7, 8 Step LF forward to L diagonal, Drag RF next to L, Split heels out, Bring heels in.

Zig Zag Back Touches

1, 2, 3, 4 Step RF back to R diagonal, Touch LF next to R, Step LF back to L diagonal, Touch RF next to L

5, 6, 7, 8 Step RF back to R diagonal, Touch LF next to R, Step LF back to L diagonal, Touch RF next to L

Weight ends on your left foot, start again!

Feel free to add in your own style, claps, and moves with this dance. Be dramatic!

Life is better when filled with the ones you have big love for.

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