

Need Some Help

COPPER KNOB
STEPPEDETS

拍數: 32 牆數: 4 級數: Beginner
編舞者: V. Allen L. Isidro (USA) - May 2024
音樂: I Had Some Help (feat. Morgan Wallen) - Post Malone



Note: Summer dance for beginners (straight 8 rhythm + shuffle) at LDVALI's Reno-Tahoe special workshops.

Set 1 Side, touch, side, touch, vine with a brush

1-2-3-4 Side R – together touch L – side L – together touch R
5-6-7-8 Side R – behind L – side R – brush L

Set 2 Side, touch, side, touch, vine with a brush

1-2-3-4 Side L – together touch R – side R – together touch L
5-6-7-8 Side L – behind R – side L – brush R

Set 3 Heel, together, heel, together, V walk

1-2-3-4 R heel – together R – L heel – together L
5-6-7-8 Out R – out L – together in R – together in L

Set 4 Lindy right, ¼ turning lindy left

1&2, 3-4 Side shuffle R-L-R- behind L – recover R
5&6, 7-8 ¼ turning side shuffle L-R-L – behind R – recover L (3:00)

START ALL OVER ON NEW WALL

V. ALLEN L. ISIDRO

P.O. Box 566, San Bruno CA 94066 * ldvali1955@gmail.com