

Spot!

拍數: 32 牆數: 2 級數: Improver
編舞者: Naning Olala (INA) - May 2024
音樂: SPOT! (feat. JENNIE) - ZICO



Intro : 8 Count

Restart On wall 3 & wall 7 after 16 Count

S1. FORWARD R,L,R, TOGETHER, HEEL FORWARD, TOUCH ,, SWAYS

1 - 4 Step R Forward - Step L Forward - Step R Forward - Step L together
5 - 6 Touch R heel forward- Touch R together
7 & 8 Step R to side with Sway R-L-R

S2. WALK BACK, SAILOR STEP

1 - 4 Step R back - Step L back - Step R back - Step L together
5 & 6 Cross R behind L - Step L to side - Step R to side
7 & 8 Cross L behind R - Step R to side - Step L to side

S3. KICK BALL TOUCH, ANCHOR STEP, ANCHOR STEP TURN 1/4 LEFT

1 & 2 Kick R forward – Step R together – Touch L to side
3 & 4 Kick L forward – Step L together – Touch R to side
5 & 6 Rock R back – Recover on L – Step R in place
7 & 8 Turn 1/4 left rock L back – Recover on R – Step L in place

S4. SIDE ROCK, GALLOP, SIDE ROCK, PIVOT 1/4 TURN LEFT, COASTER STEP

1 - 2 Rock R to side – Recover on L
3 & 4 Cross R behind L – Step L to side – Cross R over L
5 - 6 Rock L to side – Turn 1/4 left weight on R
7 & 8 Step L back – Step R together – Step L forward
