

Journey of Life (人生的道場)

COPPER KNOB
BY STEPHEN T. C.

拍數: 32 牆數: 4 級數: Easy Intermediate
編舞者: Adeline Cheng (MY) & Heru Tian (INA) - May 2024
音樂: Ren Sheng De Dao Chang (人生的道場) - Wei Jia Yi (魏佳藝)



No Tag, No Restart

Section 1 : Back, Hook, Fwd Lock Shuffle, Side Rock, Cross Shuffle

12 Step RF backward (1), Hook LF over RF (2),
3&4 Step LF fwd (3), Lock RF behind LF (&), Step LF fwd (4)
56 Step RF to R Side (5), Recover on LF (6)
7&8 Cross RF over LF (7), Step LF to L Side (&), Cross RF over LF (8)

Section 2 : Cross, Spiral 3/4R, Side Chasse, Rock Fwd, 1/2L Sailor Cross

12 Cross LF over RF (1), Spiral 3/4R, keep weight on LF (2) (9.00)
3&4 Step RF to R Side (3), Step LF Next to RF (&), Step RF to R Side (4)
56 Rock LF fwd (5), Recover on RF (6)
7&8 1/4L, Step LF behind (7), 1/8L, Step RF to R Side (&), 1/8L, Cross LF over RF (8) (3.00)

Section 3 : Side, Together, Fwd Shuffle, Fwd, Pivot 1/2R, 1/2L Fwd, 1/2L Back, Lock

12 Step RF to R Side (1), Step LF Next to RF (2)
3&4 Step RF fwd (3), Step LF Next to RF (&), Step LF fwd (4)
56 Step LF fwd (5), Pivot 1/2R (6)
7 1/2L, Step LF In place (7)
8& Make another 1/2L, Step RF back (8), Lock LF over RF (&) (9.00)

S4 : Back, Back, Fwd Shuffle, Rock Fwd, Recover, 1/2L Shuffle

12 Step RF back (1), Step LF back (2)
3&4 Step RF fwd (3), Step LF Next to RF (&), Step LF fwd (4)
56 Rock LF Fwd (5), Recover on RF (6)
7&8 1/4L, Step LF to L Side (7), Step RF next to LF (&), 1/4L Step LF fwd (8) (3.00)

Start again.

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