

Zero To Hundred

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: High Beginner
編舞者: Adrian Lefebour (AUS) - May 2024
音樂: Miles On It - Marshmello & Kane Brown



32 count intro from the start of the song

[1-8] Mambo Fwd, Mambo Step Back, Scuff

1,2 Rock fwd on R, Recover weight back on L
3,4 Step R back, Kick L fwd
5,6 Rock back on L, Recover weight fwd on R
7,8 Step L fwd, Scuff R fwd

[9-16] 1/4 Jazz Box Fwd, Step, Touch, Step, Touch

1,2,3,4 Step R across L, 1/4 turn R step L back, Step R to R side, Step L fwd (3.00)
5,6 Step R fwd on 45, Touch L toe next to R
7,8 Step L back on 45, Touch R toe next to L RESTART

[17-24] Side, Together, Step Fwd, Touch, Side, Together, Step Fwd, Kick

1,2 Step R to R side, Step L next to R
3,4 Step R fwd, Touch L next to R
5,6 Step L to L side, Step R next to L
7,8 Step L fwd, Kick R fwd

[25-32] Walk/Run Back x4, Touch Side, Touch Fwd, Touch Side, Flick Back

1,2 Walk R back, Walk L back
3,4 Walk R back, Walk L back (weight on L)
5,6 Touch R toes to R side, Touch R toes fwd
7,8 Touch R toes to R side, Flick R foot back

Easy Option for counts 5-8

5,6 Step R to R side, Touch L next to R
7,8 Step L to L side, Touch R next to L

Start Again!

Restarts on Wall 3 and Wall 5

Wall 3 – 6.00 wall – Dance to count 16, then restart dance facing the 9.00 wall.

Wall 5 – 12.00 wall – Dance to count 16, then restart the dance facing the 3.00 wall.

Ending: Wall 11, dance right to the end, then do a Rock fwd on R, 1/4 R step R to R side to finish on 12.00 wall.