

Run With Me

COPPER KNOB
STEPSHEETS

拍數: 64 牆數: 4 級數: Phrased Improver / Intermediate
編舞者: Judy Rodgers (USA) - May 2024
音樂: Run With Me (Mind Veneration Remix) - Calum Scott



#16 count intro -1 Restart

Seq: AA, BB, A(R)AAA, BB, A, B, 4 cnt ending

Section A (verse):

S1: Rock recover, cross sweep, cross turn 1/4 L, back rock

1-4 Rock R to right side, recover L, cross R over L, sweep L from back to front
5-8 Cross L over R, turn 1/4 left step R back, rock back L, recover R 9:00

S2: Side behind side cross, turn 1/4 R back, together, walk walk

1-4 Step L to left side, step R behind L, step L to left side, cross R over L
5-8 Turn 1/4 right step L back, step R beside L, walk fwd L, R 12:00

***** Restart Wall 5: Add & cnt - 'turn 1/4 R rock L to left side' and restart facing 3:00

S3: Step tap, back kick, back together fwd hold

1-4 Step L fwd, tap R toe beside L, step R back, kick L fwd
5-8 Step L back, step R beside L, step L fwd, hold

S4: Side together fwd hold, rock recover, turn 1/4 L, hold

1-4 Step R to right side, step L beside R, step R fwd, hold
5-8 Rock L fwd, recover R, turn 1/4 left step L fwd, hold 9:00

Section B (chorus - (chorus starts '.. run with me'...))

S1: Turning 1/2 R walk/run in a half circle, step turn 1/2 R, shuffle

1,2, 3&4 Moving in a 1/2 circle right, walk R, walk L, run R L R 12:00
5-6 Step L fwd, turn 1/2 right step R fwd 6:00
7&8 Shuffle L R L

S2: Out out hold, in in hold, side rock, behind turn 1/4 L

&1-2 Jump out out (R, L), hold (can clap if desired)
&3-4 Jump in in (R, L), hold (can clap if desired)
5-6 Rock R to right side, recover L
7-8 Step R behind L, turn 1/4 left step L fwd 3:00

S3: Walk, walk, shuffle, rock recover, turn 1/4 L sailor step

1-2 Walk fwd R, L
3-4 Shuffle fwd R L R
5-6 Rock fwd L, recover R
7&8 Turn 1/4 left sweep L behind R, step R to right side, step L to left side 12:00

S4: Cross point, cross point, cross turn 1/4 R back side cross

1-4 Cross R over L, point L, cross L over R, point R
5-8 Cross R over L, turn 1/4 right step L back, step R to right side, cross L over R 3:00

Ending: 1-4 Step R fwd, turn 1/2 left step L fwd, step R beside L and smile!!

sequence: A(12), A(9), B(6), B(3), A(12R), A(3), A(12), A(9), B(6), B(3), A(12), B(9), end 6

