

Picasso Flow

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 4 級數: Improver
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音樂: Picasso Flow - Corona



NOTE:

Intro: 16 counts - No Tag No Restart

S1# SIDE – RECOVER – BEHIND SIDE CROSS – SWITCHED SIDE HEEL IN – SIDE CHASSE

1, 2 step RF to side, recover on LF
3&4 cross RF behind LF, step LF to side, cross RF over LF
5&6& step LF to side, move RF heel in, step RF to side, move LF heel in
7&8 step LF to side, close RF next to LF, step LF to side

S2# CROSS ROCK – SIDE – ¼ R RECOVER – COASTER STEPS – ROCK FWD – RECOVER WITH HOOK – LOCK SHUFFLE FWD

1&2& cross RF over LF, recover on LF, step RF to side, ¼ turn R recover on LF
3&4 step RF back, close LF next to LF, step RF fwd
5, 6 step LF fwd, recover on RF with LF hook
7&8 step LF fwd, lock RF behind LF, step LF fwd

S3# ¼ PIVOT TO L – CROSS SHUFFLE – ½ HINGE TURN TO R – CROSS SHUFFLE

1, 2 step RF fwd, ¼ turn to L weight on LF
3&4 cross RF over LF, step LF to side, cross RF over LF
5, 6 ¼ turn R step LF back, ¼ turn R step RF to side
7&8 cross LF over RF, step RF to side, cross LF over RF

S4# MODIFIED QUARTER TURN – CROSS BEHIND – RECOVER – ¼ FWD – ½ PIVOT

1& step RF to side, close touch LF next to RF
2& ¼ turn Left step LF to side, close touch RF next LF
3&4 ¼ turn Left step RF to side, close LF next to RF, step RF to side
5&6 cross LF behind RF, recover on RF, ¼ turn Left step LF fwd
7, 8 step RF fwd, ½ turn Left weight on LF

REPEAT from the starts

Let's Get Sweaty, Healthy and Happy!

Best Regards

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