Happy Life

級數: Improver

編舞者: Siggi Güldenfuß (DE) - May 2024

音樂: I Wouldn't Change a Thing - Sawyer Brown

牆數:2

Note: The dance starts after 32 counts shortly after the singing starts.

S1: Side flick r./l., grapevine r.

- RF step to the right, bend left leg behind right leg 1-2
- 3-4 LF step to the left, bend right leg behind left leg
- 5-6 RF step to the right, cross LF behind RF, RF step to the right, tap LF next to RF

S2: Side flick I./r., grapevine I. with scuff

- 1-6 same like S1, but start with LF
- 7-8 LF step to the left, RF scuff forward
- S3: Rocking chair, step scuff r./l.
- 1-2 RF step forward, slightly raise LF and weight back onto LF
- 3-4 RF step back, slightly raise LF and weight back onto LF
- RF step forward, LF scuff forward 5-6
- LF step forward, RF scuff forward 7-8

S4: Step 1/2 turn step hold r./l.

- 1-2 RF step forward, ¹/₂ turn to the left (then weight on LF) (6:00)
- 3-4 RF step forward, hold
- 5-6 LF step forward, ¹/₂ turn to the right (then weight on RF) (12:00)
- 7-8 LF step forward, hold

S5: Step, touch behind, step back, touch, out, out, in, in (V-steps)

- 1-2 RF step forward, tap LF behind RF
- 3-4 LF step back, tap RF next to LF
- 5-6 RF step diagonally forward to the right, LF little step to the left
- 7-8 RF step back, LF next to RF
- Restart: At the 3rd wall (12:00) stop here and start the dance from the beginning.

S6: Side, behind, ¼ turn r. step, scuff, step ¼ turn r., cross, hold

- 1-2 RF step to the right, cross LF behind RF
- 3-4 ¹/₄ turn to the right RF step forward, LF scuff forward (3:00)
- 5-6 LF step forward, ¹/₄ turn to the right (then weight on RF) (6:00)
- 7-8 cross LF in front of RF, hold

S7: Side touch kickball change r./l.

- 1-2 RF step to the right, tap LF next to RF
- 3&4 kick LF forward, LF next to RF, slightly raise RF and weight back onto RF
- 5-6 LF step to the left, tap RF next to LF
- 7&8 kick RF forward, RF next to LF, slightly raise LF and weight back onto LF

Dance, have fun & smile!



拍數: 56