

# Grease EZ

拍數: 32                      牆數: 4                      級數: High Beginner  
編舞者: Anna (INA) - May 2024  
音樂: You're the One That I Want (Glee Cast Version) - Glee Cast



Intro Music On Vocal after 16 counts.

## SECTION I : SWITCHES CHARLESTON STEP - 1/8 TURN LEFT CHARLESTON STEP (2x)

1 - 4                      Touch R toes forward - Step R back - Touch L toes back - Step L forward  
5 - 6                      Touch R toes forward - 1/8 Turn left Step R back (facing 10.30)  
7 - 8                      Touch L toes back - 1/8 Turn left Step L forward (facing 09.00)

## SECTION II : SWITCHES SKATE (R-L) - FWD SHUFFLE DIAGONAL R - SWITCHES SKATE (L-R) - 1/4 TURN L FWD SHUFFLE DIAGONAL L -

1 - 2                      Step R forward diagonal with up in pushing you body - Step L forward diagonal up in pushing your body  
3 & 4                      Step R forward diagonal slightly - Step L close - Step R forward diagonal slightly  
5 - 6                      Step L forward diagonal with up in pushing you body - Step R forward diagonal up in pushing you body  
7 & 8                      1/4 Turn L Step L forward (facing 06.00) - Step R close - Step L forward diagonal slightly

## SECTION III : SYNCOPATED MAMBO CROSS (R-L)

1 & 2 & 3 & 4              Cross rock R over L - Recover on L - Step R to right side - Recover on L - Cross rock R over L - Recover on L - Step R to right side  
5 & 6 & 7 & 8              Cross rock L over R - Recover on R - Step L to left side - Recover on R - Cross rock L over R - Recover on R - Step L to left side

## SECTION IV : SYNCOPATED TWIST HEELS OUT WITH BEND KNEE - 1/4 TURN R JAZZ BOX

1 & 2 &                      Twist R heel out - Step R on to R - Twist L heel out - Step L on to L  
3 & 4 &                      Twist R heel out - Step R on to R - Twist L heel out - Step L on to L  
5 - 8                      Cross R over L - 1/4 Turn R Step L back (facing 09.00) - Step R to right side - Step L forward.

### NOTE :#

#1. For Syncopated Twist (Section IV) which you can do while making crossed arm movements. Starting from the right hand at the top and the left hand at the bottom alternately.

### #2. TAG I (4 counts)

After On Wall 2 (facing 06.00) & After On Wall 5 (facing 03.00)

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#### I. V STEP

1 - 4                      Step R forward diagonal - Step L forward diagonal - Step R back to center - Close L together

### #3. TAG II (8 counts)

After On Wall 3 (facing 03.00)

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#### V STEP - ROCKING CHAIR

1 - 4                      Step R forward diagonal - Step L forward diagonal - Step R back to center - Close L together  
5 - 8                      Rock R Forward - Recover on L - Step R back - Recover on L

Thank you so much ☐

Enjoy your dance ☐

For more information about StepSheets and Song, Please contact :

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Last Update - 23 May 2024 - R1

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